

A woman with a wide-brimmed black hat and a black lace vest over a black top stands in a lush garden. She is smiling and has her hands clasped in front of her. The background is filled with green foliage and a black wrought-iron fence.

# The Communicator

VOL. 10, NO. 5 • SEPT/OCT 2011

PUBLISHED FOR MEMBERS OF

New Hope  
Telephone Cooperative  
Your Communications Connection

## Tour Huntsville on a *Ghost Walk*

## *Survey Inside*

We want to hear from you

*A Photo Essay of*  
**DAR SCHOOL**



# The Communicator

Vol. 10, No. 5

September/October 2011

is a bimonthly magazine published by New Hope Telephone Cooperative, ©2011. It is distributed without charge to all Cooperative members/owners.

## New Hope Telephone Cooperative

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is a member-owned corporation dedicated to providing communications technology to the residents and businesses of New Hope, Grant and Owens Cross Roads.

## On the cover:

**Jacque Reeves of Owens Cross Roads leads walking ghost tours through Huntsville. Read more on page 8.**

## MANAGER'S MESSAGE

### Rural Alabamians need a connected world

Today, we have a hard time imagining what life was like before easy access to electricity and telephone service. Tomorrow, our children and grandchildren will not be able to imagine life without the power of broadband Internet. Yet, without much needed funds from government entities like the Universal Service Fund, that tomorrow could be crippled.

The Federal Communications Commission (FCC) recently proposed legislation that, if passed, will leave those of us bringing broadband to our rural communities without vital funding. Current legislation sets the bar for Internet speeds at 100 Mbps if you live in a city, while the requirement for rural areas is set at 4 Mbps. That's a 25 fold difference, and runs completely against the ideals behind universal service.

Our nation has a history of helping the farmer and the rural family gain access to vital utilities. In the 1930s, 90% of people living in cities had electricity, while only ten percent of rural America had access to the modern conveniences provided by electrical service. Private companies knew they would never turn a profit by stringing electric wires through such a sparsely populated community. The US government decided to do something about that and created organizations like TVA and the REA to help offset these costs and bring this necessary utility to everyone in the country.

A similar story can be told of telephone service — through government

assistance, universal service (the idea that everyone should have access to telephone) became the goal.

I believe that the future of our region, and for rural America in general, depends upon reliable access to high speed Internet. Superior education, quality healthcare and economic development will be accessible only through broadband Internet. There are 19 million Americans living without access to broadband services. Cooperatives like NHTC are working to decrease this number, but creating and maintaining this infrastructure is an expense we cannot pass on to you, our members.

You can help ensure that our area has this infrastructure. Visit [SaveRuralBroadband.org](http://SaveRuralBroadband.org) — a website that is helping rural telecommunications companies tell our side of the story — and hopefully make your voice heard in Washington, D.C. You can also read article in this issue of *The Communicator* on Page 4. Please join your voice to ours and assure a better future for this region. ▲



**TOM WING**

*General Manager,  
New Hope Telephone  
Cooperative*



## WELCOME BABY

NHTC employee Missy Stanley and her husband Kenny welcomed their new daughter, Harper Grace Stanley, into the world on August 9, 2011. Harper weighed 7 lbs., 2 oz. and was 19-1/2 inches long. She has a big sister, Kenzie.

## TEAM SPOTLIGHT

### Accounting Department: making sure it all adds up for members

Bobby Morrison and Shelly Weaver make up the Accounting Department at NHTC. Responsible for all incoming funds and outgoing expenses, this department works hand in hand with other departments at NHTC to ensure everything is credited properly.

Morrison, the accounting manager, is responsible for keeping all accounts balanced and taking care of financial issues such as Rural Utilities Service loans and contracts. He has been with the cooperative for seven years.

Morrison and his wife Jennifer are the parents of three children: daughter Haley (13); and sons Adam (11), and Jacob (10 mos.).

Before joining the NHTC staff, Morrison spent eight years in the military and then earned his Bachelor's degree in Accounting at Athens State University. He has worked in banking, marketing and financial administration.

"I love working for NHTC," he says. "One reason is that it's a small cooperative and the employees here are more than just a number. It is a family-type atmosphere and that is important to me."

Shelly Weaver has been with NHTC for 15 years. She began her career at NHTC in customer service and was promoted after two years to accounts payable and payroll.

Weaver adheres to a stringent set of guidelines before paying an invoice. She receives the invoices for materials ordered or purchased by NHTC and then inventories them. "We are very careful about spending the cooperative's funds," she says. She also prepares NHTC's taxes each year, as well as the documentation for board meetings.

She is married to Tim Weaver, who has been a lineman for North Alabama Electric Cooperative for 10 years. She loves to shop and be with her friends.

"That is one of the great things about working for NHTC," Weaver says. "All of my best friends work here."

Weaver, a resident of Grant, enjoys working at NHTC because she is proud of the cooperative's service to rural North Alabama. "I'm all about my Smalltown, USA," she says. ▲



Bobby Morrison and Shelly Weaver make up the Accounting Department at New Hope Telephone Cooperative.

## TechTips

Digital cameras are offered in a wide variety and with many different options. If you find yourself in the market for a digital camera, do your research and choose your price range. You can narrow your search just by defining the amount you would like to spend.

It is also important to consider your needs. Will you be taking action shots at sporting events? What about family photos at the beach or in the snow? Maybe you just need snapshots of outings with your friends.

The most important things to consider when searching for a digital camera are zoom, megapixel, flash settings and size. Always choose a camera with high optical zoom, as opposed to digital zoom. The higher the megapixel count, the better the image quality. Buy a camera with enough flash options that your camera can be used in many different settings. Compact cameras are good for snapshots of friends, but if you need a camera for action shots or professional-looking photography, you might need a more heavy-duty camera.



# Legislation could affect how much you are paying for Internet service

**R**emember the days when you would sit for several minutes in front of your computer waiting for a dial-up Internet connection? Or when you missed an important phone call because the kids were surfing the Web and the line was busy? Thankfully, the slow speeds and inconvenience of dial-up access has been replaced by reliable, 'always on' broadband access.

High speed Internet has changed the way people receive their news, entertainment and more. It has created opportunities for education and economic development, particularly in rural areas. Broadband is the infrastructure of the future — as important and life-changing today as electricity and basic phone service were in the 1940's and 1950's.

That progress is in danger of being stopped, however. For some six decades, rules have been in place to help ensure that telecommunications services area available to all residents of the U.S., no matter how rural their communities. The Federal Communications Commission (FCC) and Congress are now considering proposals that will do away with the fund which allows rural telecommunications companies like New Hope Telephone Cooperative to deliver high-speed Internet to their customers. These proposals would replace the fund with a plan that takes broadband away from some and ensures that others will never get it at all.

For years, the Universal Service Fund (USF) has reimbursed rural telecommunications companies and cooperatives a portion of the costs they incur when providing service to high-cost rural areas. Replacing the USF with the FCC's proposed plan would have a devastating impact on these providers.


Without proper funding, rural companies and cooperatives will 1) be unable to provide broadband to remaining unserved customers, and 2) be unable to provide ongoing network maintenance and upgrades for existing customers.

In short, broadband in every rural community across the United States could be in danger.

Rural telecom companies and cooperatives, through their national associations, have proposed an alternative plan that can increase broadband deployment without increasing spending. However, the direction Congress ultimately takes on this issue depends largely on the response of the citizens.

Telcos have launched a grassroots campaign, centered around the website [SaveRuralBroadband.org](http://SaveRuralBroadband.org). The site provides information on the issue, as well as a simple way to voice your opinion to elected officials.

"We encourage all our members to visit [SaveRuralBroadband.org](http://SaveRuralBroadband.org) and contact their members of Congress," says NHTC General Manager Tom Wing. "Our elected officials in Washington need to hear from you that broadband is vital to the continued growth and prosperity of rural America." ▲



Learn more by visiting  
[www.saveruralbroadband.org](http://www.saveruralbroadband.org)



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# Notice regarding your Customer Proprietary Network Information (CPNI)

New Hope Telephone Cooperative, Inc. (NHTC) wants you to understand your right to restrict the use of, disclosure of, and access to your Customer Proprietary Network Information, or CPNI. You have a right and NHTC has a duty, under federal law, to protect the confidentiality of your Customer Proprietary Network Information.

## What is CPNI?

It is the information that NHTC obtains that relates to the quantity, technical configuration, type, destination, location and amount of use of the telecommunications service you subscribe to from NHTC. It includes information found in your bills, but it does not include subscriber list information (name, address and telephone number).

Examples of CPNI would be the telephone numbers you call, the times you call them, the duration of your

calls or the amount of your bill.

## Use of your CPNI

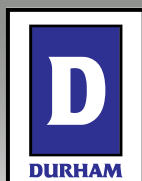
CPNI may be used by NHTC to market services that are related to the package of services to which you currently subscribe, when providing inside wiring installation, maintenance and repair services, and when marketing "adjunct to basic" services, such as call blocking, call waiting and caller I.D. CPNI may also be used for the provision of customer premises equipment ("CPE") and services like call answering and voice mail or messaging, and to protect company property and prevent fraud. A carrier may use CPNI to bill and collect for the services you receive from the company.

NHTC and its affiliated companies offer additional communications-related services. We seek your approval to access your CPNI so that NHTC, and its affiliates, can provide you information on new services and products that

are tailored to meet your needs or may save you money.

## If you approve of our use of your CPNI as described above, no action is necessary on your part

You have the right to disapprove this use by contacting us in writing at P.O. Box 452, 5415 Main Drive, New Hope, Ala., 35986 or by phone at 256-723-4211 within thirty-three (33) days after this notice is sent to you. If you disapprove of our use of your CPNI, you may not receive notice of new services or promotions, but your existing services will not be affected. If you do not notify us of your objection within thirty-three (33) days, we will assume you do not object and will use your CPNI for these purposes. You have the right to notify us at any time to object to the use of this information. Your election will remain valid until you notify us otherwise. ▲



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# KDS DAR SCHOOL

## The history behind the buildings

The beautiful campus of the Kate Duncan Smith (KDS) DAR School sits proudly atop Gunter Mountain in the town of Grant. Aptly called the 'Gem of Gunter Mountain,' the school is privately owned and operated by the Daughters of the American Revolution (DAR) while functioning largely as a public school.

The campus consists of 39 buildings on 240 beautiful, wooded acres. Students in grades K-12 enjoy the same curriculum as other public schools in a patriotic environment.

The unusual beauty of the campus is due in part to the historic, hand-crafted buildings that dominate the landscape.

The **Louise Willson Jacobs Building** contains the original four classrooms and auditorium constructed in 1924. Local fieldstones and timber were donated by farmers and citizens of Grant to construct the original building. Despite additions in the 1930s, 1940s and again in 1975, the building's front still looks much the same as it did in 1924.

The **Florence H. Becker Recreation Hall** was named in honor of Mrs. William A. Becker, President General of the National Society Daughters of the American Revolution. Commonly referred to as the "Old Gym", it is the largest vertical log structure in the U.S. that is still in use. It is used to house all of the physical education classes for grades K-4. It also serves as the location for various school programs.

Another popular building on the DAR campus is the **Nan Roberts Lane Chapel**. Built in 1957 of native sand stone and marble cornerstone, it is a non-denominational chapel which was named for the first president of the Alabama Officers Club. It is a popular venue for weddings, christenings, funerals and other special occasions. The first christening held there was that of Kate Duncan Smith III, great-granddaughter of Kate Duncan Smith for whom the school is named.

The **Pennsylvania Log Administration Building** was built in 1935 by local folks in two days during one of the last old-fashioned house-raising in the state. At the time, it served as the school library. In 1970, after completion of the Seimes Thomas Building's new library, the Pennsylvania Building became an office complex for the administration office. Today, it contains antiques, memorabilia and pictures from the past.

The **Michigan Craft Center** was built in 1955 and served as the school's art building until 1994. After an extensive remodel in 1995, it was converted to a reception hall where weddings, bridal teas and baby showers keep it in frequent use.

The KDS DAR campus includes many more beautiful and historically significant buildings and structures. Among them is the **Pennsylvania Water Tower** which was constructed in 1937 in an effort to secure a sufficient water supply for the school. The 5,000 gallon tank served the students until the city's water supply became available. Today, the Carillon Bell speaker system is housed in the tower, thus replacing the structure's former name with its current one. It is known simply as 'the bell tower'.

BECKER HALL



THE PENNSYLVANIA LOG ADMINISTRATION BUILDING

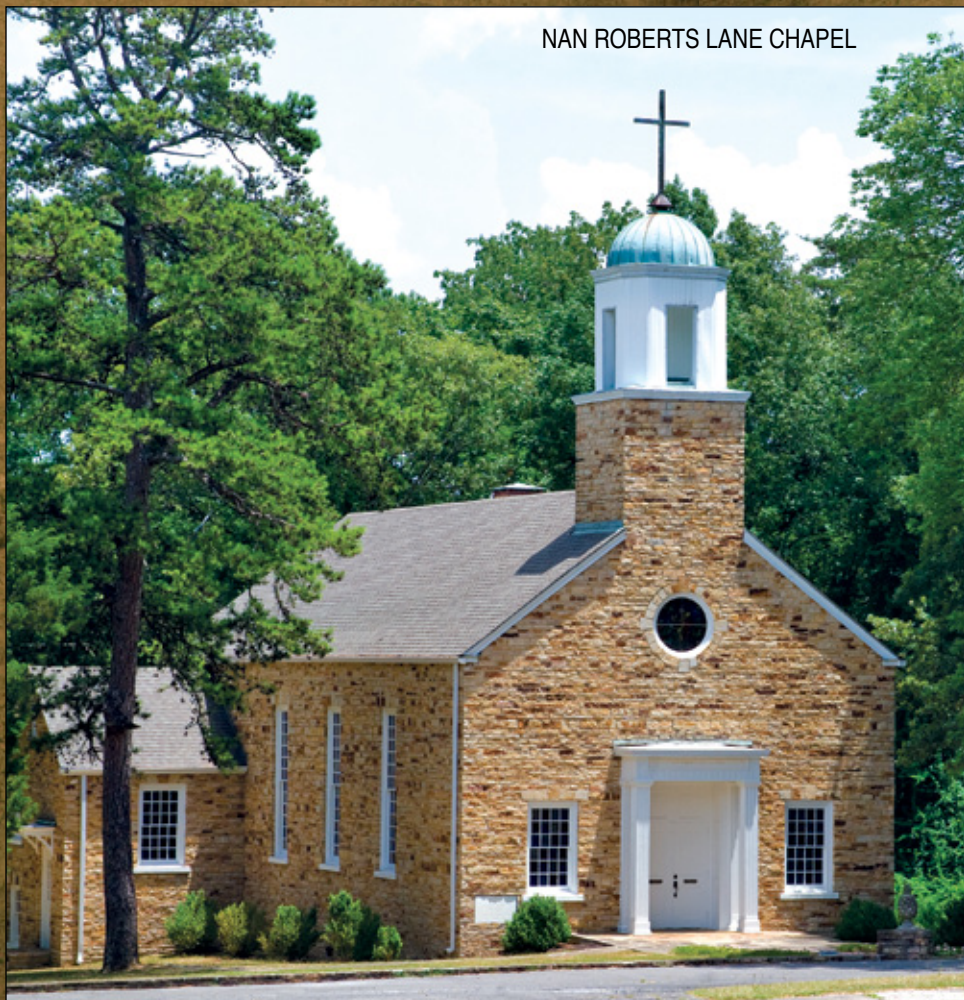


THE MICHIGAN CRAFT CENTER

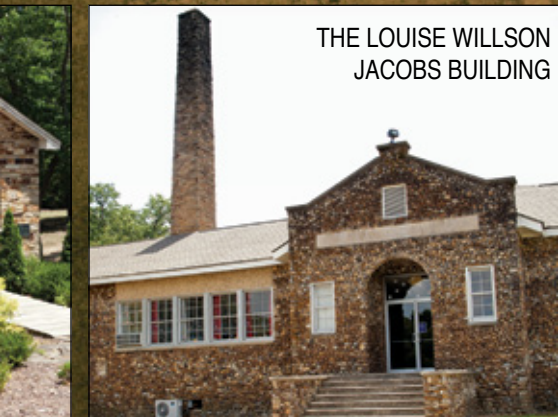




TRATION BUILDING



NAN ROBERTS LANE CHAPEL



THE LOUISE WILLSON  
JACOBS BUILDING





# HUNTSVILLE GHOST WALK

*Combining history with mystery*

Whether they believe in ghosts or not, most people love a good ghost story. There is something wonderfully creepy in the thought that the spirits of the dead still linger among the living — and that they haunt them.

Encounters with ghosts have been linked to everything from unexplainable cold spots in houses to disembodied voices calling from beyond the grave. But if the spirits of the dead really do haunt people or places, what reason could they possibly have?

One woman has spent a lot of time researching the answer to that question. Her name is Jacquelyn Procter Reeves – Jacque to her friends – and she is a respected historian and author who believes the ghosts of the dead can and do inhabit places of importance to them. She believes spirits walk the earth for many reasons: some, she says, have unfinished business and some may not even realize they are dead.

As an avid ghost enthusiast, Jacque created the Huntsville Ghost Walk where others who are curious about the hereafter get a chance to hear some hair-raising stories, see some real haunted houses and maybe even photograph a real ghost.

## SOUL MATES

While her face may not be as familiar as that of her husband, Robert Reeves, her work probably is. As the award-winning author of nine books, a history lecturer, editor of one publication and associate editor of another, Jacque has her own share of fans — but her husband is undoubtedly her biggest.

The two met on the set of *Mornin' Folks*, a television show Robert hosted on WHNT-19, and became good friends. Years later when life found both of them newly single, the lady from New Mexico and the much-loved television personality from New Hope found love in each other. They were married four years ago and say the union brings out the best in both of them. “We are reliving our childhoods the right way,” Jacque says. “We have fun together and we laugh a lot.”

“She makes me feel like a teenager,” Robert adds. “Besides being the most beautiful and talented woman I’ve ever known, she is truly my best friend.”



## GHOSTS OF THE PAST

Jacque and Robert have a passion for history and enjoy visiting graveyards and coming up with new ideas for tours. Some of Jacque's ancestors are buried in Huntsville's Maple Hill Cemetery and their stories are an integral part of the Civil War tour she gives there.

"My ancestor, Lewellen Jones, was a captain in the American Revolution who crossed the Delaware with George Washington and spent the winter at Valley Forge," she says. "He settled in Huntsville in the early 1800s and his plantation, named Avalon, is now known as the University of Alabama at Huntsville. So I named my company Avalon Tours; I love symbolism."

Before Avalon Tours officially started the Ghost Walk in Huntsville, Jacque thought about her own experiences. "I enjoy taking ghost walks in other towns," she says, "but most of the time, I disagree with the way they are presented. Ghost stories must be reverent to the past and the dead, not so dramatic that they are silly and unbelievable."

She believes the dead are insulted and even angered when the facts about them are purposely misrepresented. For this reason, she is careful to tell the stories of their lives – and deaths – truthfully, and with the respect she believes they deserve. "Why would you make things up," she asks simply, "when the truth is so much richer?"

There are many ghosts said to roam houses, buildings and even public parks in the city of Huntsville, so Jacque set out to find the truth behind the stories.

"We went around and studied the history of the areas and some of the buildings," she says. "We asked people in the neighborhoods, 'Which houses were supposed to be haunted when you were a kid?' Then we took an investigative team from the Madison County Paranormal Research Society (MCPRS) to those places. Their lead investigator, Kevin Thompson, is our tech guy, so he brought recording devices and thermometers and took a lot of pictures."



Robert and Jacque Reeves at their home in Owens Cross Roads.

Satisfied that they had found enough historically credible material, Jacque, Robert and Kevin put together four separate ghost walks in Huntsville: The Twickenham Historic District, the Old Town Historic District, the Haunted Downtown District, and the Haunted Trolley Tour. Each begins and ends at the same place – Harrison Brothers Hardware, where Kevin recently documented a haunting on film.

"I've seen all kinds of weird things I can't explain," he says. "At Harrison Brothers Hardware, we actually got shadow people on video. What makes it so unique is we were all in the basement and everyone was accounted for. Our cameras upstairs got them moving around."

## NO HOCUS-POCUS

There are a few things that set the Huntsville Ghost Walk tours apart from other ghost tours. One is Jacque's unwavering commitment to accuracy. "As an author of true-crime books, I feel a responsibility to get it right," she says. "So if we cannot verify the truth of a story, we either don't tell it, or we tell you it cannot be verified."

Jacque and the guides on the Ghost Walks also make it a point to educate listeners about the city of Huntsville as it was when the subjects of the stories lived and died. "We all like ghost

stories, don't we?" she asks, "So what better way to teach people about history than to tell them one?"

Along with the spooky tales, guests of the Huntsville Ghost Walk can expect an authentic experience.

"Robert and I took one tour in another state where the guide was causing the street lights to turn off with something in his pocket," Jacque says. "He was supposedly talking to ghosts and asking them to make their presence known by turning off the lights. It became tedious. Our tours have no gags, no one jumping out to scare people."

Even without the usual gimmicks, the Huntsville Ghost Walk Tours can still make you want to sleep with the lights on. "People have been touched, they have heard disembodied voices and their cameras have gone dead, only to work fine in another location," Jacque says.

Not long ago, a tourist showed Jacque a photograph she had taken of the other people in her group and asked her who the woman standing with them was. "I don't remember her," the tourist said. "Neither do I," Jacque says gravely, "because she wasn't there."

To learn more about the Huntsville Ghost Walk Tours or Jacquelyn Procter Reeves, visit: [huntsvilleghostwalk.com](http://huntsvilleghostwalk.com). ▲



The waning days of summer remind me of camping on the lake. This was my favorite time because the water was still warm, the air was crisp, and the recreation boaters were fewer in number. This made for better skiing, and besides, girls were much more visible on river trips than on road trips. The families of "Bubba" Spivey, "Lamp" Whitaker, Gene Hardin, Joe Benny Woody, and the late Sammy Maples were regulars in the early years. High school summers were spent at Mackie McCutcheon's uncle's cabin. My claim to fame at ten years old was skiing approximately 21 miles from Scottsboro to Guntersville without stopping.

There must be something spiritual about the water, since it was a big part of Jesus' ministry. A couple of months following His baptism in the Jordan River, Jesus picked His first disciples as they were coming in from a night's fishing

trip. Jesus taught many lessons while on the water, such as paying taxes, how faith is stronger than the natural world, and how a deep sleep could be had with a storm blowing through. No wonder Jesus' declaration as the Living Water invites a relationship with Him, and how that should be recognized in our relationships with one another. If you have special times with family and friends at the lake, I pray you will remember there's something spiritual about the water, but rest assured, there's nothing more spiritual than having Living Water in your heart. Find out more in a church near you.



Michael Carpenter,  
Pastor of New Hope  
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# New Hope teacher receives DAR award

In 1955, the National Society Daughters of the American Revolution petitioned Congress to annually dedicate Sept. 17-23 for the observance of Constitution Week. Congress adopted the resolution, and on August 2, 1956, President Dwight D. Eisenhower signed it into law.

Each year during Constitution Week, the members of the Gunter Mountain Chapter NSDAR, located in Grant, are dedicated to promoting patriotism, preserving American history and educating the community. They set up displays in libraries, schools and other locations in towns and communities in the area. They also provide educational films and printed materials to teachers and schools to distribute to students.

On the last day of school at New Hope Elementary in May 2010, seventh grade teacher Kristin Walker Meeks and Assistant Principal Carolyn Creighton were discussing meaningful activities for Constitution Week. They came up with the idea of having seventh grade students make 'National Treasure Chests.'

To prepare for the project, Meeks started the 2010-2011 school year by teaching her class about the events which led

up to the signing of the Constitution of the United States.

Then each student was asked to decorate a shoebox with a patriotic theme and fill it with 13 items which represented their

individual ideas of American freedom. When the chests were completed, all K-7 classrooms were visited by students who gave a 10 minute talk about their National Treasure Chest as they displayed the items.

At the end of the week, the students dressed in patriotic colors and brought red, white and blue foods for snack time.

The Gunter Mountain DAR Chapter Regent, Betty Moore, was so impressed with what these children accomplished, that she included it in a report to the NSDAR chairman. The project was selected to be highlighted at the National Constitution Week Committee meeting held during the 120th DAR Continental Congress in Washington, D.C. At the meeting, a CD of photos and a detailed report of the project was provided by the Gunter Mountain Chapter.

During the April meeting of the Gunter Mountain Chapter, Meeks was presented with a Constitution Week Certificate of Award. This very special certificate is presented to an individual in recognition of outstanding work in upholding and promoting the ideals of the Constitution of the United States. ▲

LEFT: An example of one of the treasure chests created by seventh graders in Mrs. Meeks class at New Hope Middle School last year.



NHMS teacher Kristin Meeks (left) was awarded the Constitution Week certificate by Betty Moore at the Gunter Mountain Chapter DAR meeting in March.



## Check presentation for lighting

Representative Wes Long and Senator Clay Scofield presented a check to the town of Grant in the amount of \$15,600. The funds are to be used to provide lighting for a ballfield in the park. Former Representative Jeff McLaughlin presented the town with \$9,390.50 for the project earlier, bringing the total contributions to \$24,990.50.

Shown at right are (L to R): Representative Wes Long; Councilman Jimmy Keller, Councilman Joe Frazier, Councilman Jimmy Bradshaw, Senator Clay Scofield and Mayor Larry Walker.





**First Saturday of the Month**

***New Hope Car Show at Hardee's***

This is a show for all makes and models of cars and trucks. Free registration, trophies, door prizes, kids games and much more! The show is hosted by Bama-Mopars. For more information call 256-479-9511.

**Every Second Monday of the Month**

***Family First Homemaker's Club***

The club meets at Superior Bank in New Hope at 6:30 p.m. For more information contact Karen Crout at 256-725-2874.

**September 23**

***Customer Appreciation Day***

Peoples State Bank will host their annual event from 11 - 3 p.m. at the bank. Make plans to attend and be sure to register for prizes.

**October 8**

***Sesquicentennial of the Civil War***

The New Hope Historical Association will celebrate this event on Founder's Day. Events will include a Sons of Confederate Veterans Encampment, Civil War Display in the NHHA Museum, Story Telling, Civilian Life during the Civil War, Traditional Folk Music of the Era and much more.

**NEW HOPE FOUNDER'S DAY**

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# “Myths, Legends, and Crazy Rumors...”

I was watching 20/20 one day. John Stossel had an interesting segment on myths that just aren't true at all. Here they are – it's very eye opening.

The first myth is polluted air and chemicals are killing us, but cancer is actually on the decline. We're running out of places for our garbage, but due to recycling we really are not. The most shocking was the myth that the rich don't pay their fair share of taxes. According to the IRS the top 1% of Americans pay 1/3 of all income taxes. I'm not going to cover the boring ones, such as the myth that money buys happiness. I think deep down we all already knew that wasn't true – but it sure doesn't hurt any.

Now I want to cover some myths concerning Chiropractic. The first myth is that if you see a Chiropractor you will likely be paralyzed. My malpractice premiums are \$858 per year and recently were only about \$600. How many MDs can say that? “Popping” your knuckles or neck will cause arthritis. Actually, keeping motion in joints helps to reduce the risk, and this was proven by a study at UCLA. The last myth is MD's do not want their patients to be adjusted. A lot of MD's have started referring patients to Chiropractors, and there is a branch of the medical field called Osteopathy. These are MDs who are trained in spinal manipulation similar to Chiropractic.

Now for Emma, who is the little girl in the photo. About a year ago, she was plagued by asthma. Each day as I changed her diaper, I would give her an adjustment. The asthma started to improve immediately, and now she is virtually symptom free.

The other child, my son Nicholas, has recently been having some headaches. He'll come up to me and say, “Daddy, adjust my neck.” And even before he gets up he'll say, “man that feels a lot better, it's all gone.”

It's strange how life is, because now people come to see me with their carpal tunnel syndrome problems. Also they come to me with

their headaches, migraines, chronic pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, ear infections, asthma, allergies, numbness in limbs, athletic injuries, just to name a few. Here's what some of my patients had to say:



*“Dr. Mike has been helping me with my low back pain, and headaches for over nine years.” (Larry Luttrell)*

*“My sciatica stays in check thanks to Dr. Mike.” (Leonard McPeters)*

Being a chiropractor can be tough, because there's a host of so-called experts out there. They tell people a lot of things that are just plain ridiculous about my profession. But the studies speak for themselves, like the Virginia study that showed that over 90% of patients who saw a chiropractor were satisfied with their results. That's just incredible!

Forty-eight million Americans no longer have health insurance, and those who do have found that their benefits are reduced. That's where chiropractic comes in. Many people find that they actually save money on their health care expenses by seeing a chiropractor. Another way to save... studies show that chiropractic may double your immune capacity, naturally and without drugs. The immune system fights colds, the flu, and other sicknesses. So you may not be running off to the doctor as much. This is especially important if you are self-employed. And an entire week of care in my office may cost what you could pay for one visit elsewhere.

You benefit from an Amazing Offer - Look, it shouldn't cost you an arm and a leg to correct your health. You are going to write a check to someone for your health care expenses, you may as well write one for a lesser amount for chiropractic. *When you bring in this article by September 30, 2011 you will receive my entire new patient exam for \$27. That's with x-rays...the whole ball of wax.* And, further care is very affordable. You see, I'm not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor. High costs can add up very quickly.

**Great care at a great fee...** Please, I hope that there's no misunderstanding about **quality of care** just because I have a lower exam fee. You'll get great care at a great fee. My qualifications... I'm a 1991 graduate of Life University. I'm certified by the National Boards as well as the states of Alabama and Tennessee. I've practiced in Marshall County for 18 years after a one-year associateship in Huntsville. I just have that low exam fee to help more people who need care. Results may vary in individual cases.

My assistant is Sandy and she is a really great person. Our office is both friendly and warm and we try our best to make you feel at home. We have a wonderful service, at an exceptional fee. Our office is called **ELLIS CHIROPRACTIC CENTER** and it is at 4664 Main Street in Grant. Our number is **256-728-2044**. Call Sandy or me today for an appointment. We can help you. Thank you.

- Michael Ellis, D.C.

*P.S. When accompanied by the first, I am also offering the second family member this same examination for only \$10.*

P.P.S. Can you imagine not having to wait at a doctor's office? Well, your time is as valuable as mine. That's why we have a no-wait policy. You will be seen within minutes of your appointment.



# Football Fever COMMUNITY PHOTOS



2010-2011 New Hope High School Cheerleaders.



Zack Perkins  
Photo submitted by Lorrie Perkins.



Nash Whitaker and dad Preston in Tuscaloosa  
after receiving the All Saban Award at Nick  
Saban Football Camp.



Mason Lang is the son of  
Matt and Kati Lang.



New Hope High School  
Cheerleader Taylor  
Roberson. Photo sent by  
Tammy Roberson.



Emily and Cassie Holliday  
Photo sent by Brandy  
Holliday.





Kolby Bolton with Nick Saban at Saban Football Camp June 2011.

Drake's First Football Season. Roll Tide!! Photo taken and sent in by parents, Nicole and Shane Dempsey.



Roll Tide! Fall 2010 photo of Jackson, Jacob and John Alan Stapler. Photo sent in by mom, Mandy.

"Snow Days" is the photo theme for November/December. Send to: NHTC • Attn.: Communicator Photos • P.O. Box 452 • New Hope, AL 35760, or e-mail your photo to [communicator@nehp.net](mailto:communicator@nehp.net). Follow these guidelines for publication: (1) Photos must match theme. (2) Photos must be high resolution. The resolution offered by some printers is not high enough for publication. (3) Do not write on the back of photo. Include names of persons in photo, as well as, photographer, address and phone number on paper taped to back. (4) Include a self-addressed stamped envelope if you would like your photo returned. (5) The **Deadline for this issue is September 30th**. By submitting your photos: (1) you attest that you are the creator and owner of the photos, (2) you give New Hope Telephone permission to publish your material in *The Communicator*, (3) you agree to offer said photos without the expectation of payment from New Hope Telephone, and (4) you understand that photos are selected for publication in *The Communicator* at the sole discretion of New Hope Telephone, and that submission of your photo does not guarantee your photo will appear in the magazine.



## Need help paying for Telephone Service?

Do you or someone in your household participate in any of these programs?

- Medicaid
- Food Stamps
- Supplemental Security Income (SSI)
- Section 8 Federal Public Housing Assistance (FPHA)
- Low Income Home Energy Assistance Program (LIHEAP)
- Temporary Assistance for Needy Families (TANF)

If so, you may qualify for these two special programs:

### >>> LINK UP

This program provides a discount on the cost of installing telephone service.

### >>> LIFELINE

This program provides a discount on the monthly cost of telephone service.

**To find out if you qualify for these programs, call NHTC at 256-723-4211.**

For a complete set of terms for the Link-Up and Lifeline programs, call or visit your local telephone company. You may also contact any other eligible telecommunications company that is certified to provide service in Alabama by the Alabama Public Service Commission or the Federal Communications Commission. Link-Up and Lifeline are part of the Federal Universal Service Fund program. The Federal Communications Commission introduced this program, and the Universal Service Administrative Company oversees it. The goal of Universal Service is to make sure consumers throughout the United States have essential telecommunications service.



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\*Contact NHTC for complete details.



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