

Manager's Comments

We're digging a hole at NHTC — and that's good news

During the days following Hurricane Ike, I was surprised to learn that a number of residents in Houston never lost power. Part of the reason for this was the buried utilities in downtown Houston.

Like the Houston story, buried fiberoptic cable has many advantages as well.
Severe weather and lightning do not
affect buried fiber. The fiber housing and
lines are waterproof, and do not conduct
electricity. Buried utilities also improve
the cityscape, by removing poles, and a
big mess of wires (see the story on Page
4 for more savings earned by using fiberoptic technology).

In a way, we hope that it is hard for you to see the progress we are making in our Fiber-to-the-Home project, because it is all out of sight. NHTC has plowing crews and advanced boring equipment that is enabling us to place miles of fiber-optic cable underground.

As these crews come by your home or business, we want you to know that we are taking the utmost care to make sure we leave everything like it is. Staking engineers are onsite and ensure that the crews stay within the allowed right-of-way. We appreciate your patience while we complete this phase of the project.

NHTC has taken numerous precautions to prevent any damage to existing utilities and personal property. Believe me, the last thing we want to do is disrupt someone else's services while we install ours.

It takes several steps for our boring crews to install fiber. So if you see an orange pipe sticking out of the ground, you'll know we're not finished. Another crew will be coming to pull fiber cable through the conduit, and still another to

come and connect the fibers with stateof-the-art splicing equipment.

I've been out to these installation sites, and I'm impressed with the work our crews our doing. We're committed to leaving areas in as good if not better shape than we find them, and that's exactly what we are doing.

After the plowing and boring projects are complete, we will start hooking up houses to the fiber network. These drops to the home will be buried as well. When that time comes, NHTC will contact each resident to again make sure we avoid any personal property damage.

We hope our members will use the same precautions with their digging projects as well. Please call 8-1-1 before you dig. A few years ago, hitting a telephone line meant knocking out someone's dial tone. But as we join the IRIS Network (see our August 2008 issue) a severed fiber-optics line could potentially interrupt business communications and transactions, long distance, cable TV, and more for a portion of the Northeast corner of the state.

Cutting a fiber line can be more than disruptive. It can be extremely expensive. So we urge our members to do a little planning, make the free phone call, and help us maintain reliable service as we work to install underground fiber for the next generation of advanced telecommunications service.



Tom Wing is General Manager of New Hope Telephone Cooperative



Your Communications Connection

is a member-owned corporation dedicated to providing communications technology to the residents and businesses of New Hope, Grant and Owens Cross Roads.

Board of Directors

Greg Glover, President Owens Cross Roads Exchange

Jimmy Segler, Vice President Grant Exchange

> Jim Duncan, Secretary New Hope Exchange

> Barry Jones, Treasurer New Hope Exchange

> > Sonny Cantrell Grant Exchange

Jeff Cooper New Hope Exchange

Garland Elders
Owens Cross Roads Exchange

David Ayers Grant Exchange

Mike Whitaker New Hope Exchange

The Communicator No. 70, No. 10 Contober

is a monthly magazine published by New Hope Telephone Cooperative, ©2008. It is distributed without charge to all Cooperative members/owners.

New Hope Telephone Cooperative

P.O. Box 452 New Hope, AL 35760 www.nehp.net

For Customer Service: Call 723-4211

For Editorial Advertising:

Call 723-2008 or email communicator@nehp.net

Produced for NHTC by:

WordSouth Public Relations, Inc. www.WordSouth.com

On the cover:

Darlene Price of New Hope tells the courageous story of her battle with breast cancer on page 8.

SEC signs landmark television rights deal

The recent deals involving the Southeastern Conference and their television rights have left some football fans with questions. New Hope Telephone Cooperative's Network Administrator Rusty Bright wants the members to know, "We've got you covered."

The SEC has reached two separate 15-year deals with CBS and ESPN. This is the longest national rights deal in ESPN's history. These historic negotiations are expected to earn over \$200 million per year from the television rights alone for football, basketball, and a few other sports.

Fans want to know, "How will this effect the games I want to see?"
Beginning with the 2009 college football season there will be more SEC games on television than ever before.

CBS will continue to get first pick of the SEC games, broadcasting the SEC football "Game of the Week" at 2:30 p.m. They will also have one prime time game per season and the SEC Championship game.

ESPN and ESPN2 will show the number 2 and the number 3 games. The deal puts a minimum of 20 SEC games on their channels, including the Saturday prime time and two Thursday prime time

games per season.

Bright says these channels are available to subscribers of the TV Expanded Package on channels 27 and 28. He says another ESPN channel will be coming soon.

"Later this year, we will be adding ESPN University," he says. ESPNU will be broadcasting at least 13 SEC games next season. "We will let members know where to find this channel as soon as all of the arrangements have been settled.

"It's important to get what the members want," he continues. "We are on top of it."





Updates on NHTC Fiber Projects

The cooperative recently began the next phase of the Fiber-To-The-Home (FTTH) project. "We have installed three pre-fabricated buildings, known as 'fiber

pre-fabricated buildings, known as 'fiber like Columbus City

A 12' x 24' pre-fabricated building, called a fiber hut, is being set on a concrete foundation in New Hope. This is one of four buildings being placed strategically throughout the service area. Fiber is distributed to homes from these huts, and from smaller fiber remotes, and will replace the need for copper lines for telephone service, coax for cable television and another line for Internet.

huts', throughout our service area," says Tom Wing, NHTC General Manager. A fourth fiber hut will be placed in Grant later this year.

"The cooperative currently has 42 remote sites which serve as mini central offices," he explains. They are being reduced to 31 smaller fiber remotes, which will put the electronics closer to the customer and serve more people. "Roughly 1,200 subscribers can be served by one of the new remotes, because the capacity of fiber is far greater than that of traditional copper lines," he says.

"Fewer huts will save the cooperative thousands of dollars in property taxes, insurance and building upkeep," explains Wing.

NHTC crews have already buried an 8-mile stretch of fiber down Highway 431 to Owens Cross Roads. Other areas, like Columbus City Road and Big Cove

Road, are near completion.

The savings will continue to grow as the fiber goes into the ground. Wing says when phone, Internet and cable television services are distributed to homes in one fiberoptics cable underground, the cooperative will save money by reducing the amount they pay for pole rentals, maintenance to lines and service calls "Even the old bucket trucks will

eventually be retired," he says.

Two years ago, the board of directors for New Hope Telephone Cooperative made a bold move by adopting a plan to bring fiber technology to the home of every member. The FTTH project was planned in phases to spread the cost over several years.

Once completed, all members of NHTC will have the most advanced technology available.

FTTH Simulation

NHTC employees working in the Central Office are making progress with the Fiber-To-The-Home project, also. They are currently testing all of the core equipment through a 'neighborhood simulation'.

"We have six stations set up with phone, broadband Internet access, and cable service," explains technician David Whitaker. Each station represents a home. The technicians have the ability to call each station while monitoring broadband speeds and cable signal strength.

"This is where we'll test all of the calling features, services, and troubleshooting techniques dealing with the new fiber system," he says.

As the new fiber system goes live, the cooperative will continue working with the old system as well. "We want to be sure there are no service interruptions between the old copper system and the fiber system as the new greenfield houses and subdivisions go online," says Wing.



Above: Tom Wing and David Whitaker demonstrate a neighborhood simulation. Here they access phone, Internet and cable TV via fiber, then monitor signal strength for any trouble.

NHTC warns of new Internet virus

To most people, Antivirus 2009 sounds like an up-to-date program used to protect and rid computers of harmful viruses and Spyware that can access personal information stored on a computer's hard drive. This common misconception is what the creators of Antivirus 2009 are counting on.

Despite its misleading name, Antivirus 2009 is actually a Spyware program that, if installed, plants a Trojan inside a computer's hard drive. A Trojan, whose name was derived from stories of the Trojan horse in Homer's Odyssey, appears to perform a desirable action, but in fact performs undisclosed malicious functions.

Antivirus 2009 lures in its victims by alerting Web surfers of "dangerous Spyware" that is putting their computer at risk. After grabbing the user's attention with what looks like a legitimate warning, the program then advertises an antivirus that will rid the computer of the Spyware, but not free of charge. Many computer owners pay the fee for the antivirus and download the software.

But, even those who choose not to purchase the cleverly disguised virus are at great risk. Clicking on any part of the pop-up box can allow the program to infect your computer. The only way to protect your computer is by saving all open work, closing all open programs, and unplugging the computer with the Antivirus 2009 windows still open. Restart the PC after 30 seconds, then update and scan your computer with both "Spybot Search & Destroy" and your anti-virus software.

If you have already become a victim of this malicious virus, there is still hope for your computer's recovery. Contact New Hope Telephone Cooperative for a recommended local computer technician.



TV channels TBS and WGN will be trading places beginning the first week in November. The switch complies with contract obligations and will allow NHTC customers to continue enjoying great service at competetive rates. View WGN on channel 12 and TBS on channel 24 beginning in November.





NHTC says farewell to long-time employee

Donald Roy Paseur retires after more than 33 years of service

Technology has transformed the New Hope Telephone Cooperative an astonishing amount over the past three and a half decades. From x-y switches and open wire to HDTV and high speed Internet, the cooperative has grown into the successful communications provider it is today. And few have had a closer encounter with its technological leaps and bounds than Donald Roy Paseur.

During his 34 years of service at NHTC, Donald Roy has witnessed many advances to the cooperative's technology. "I remember the Cooperative's first computer," he says. "It filled up an entire room! Now, the same technology can fit in the palm of your hand."

Where it All Began

Donald Roy was raised in Sugar Fork, in Clouds Cove, Alabama. He attended New Hope High School where he played football under Coach Jack Mitchell.

February 17, 1975, he began working at NHTC as a cable splicer assistant. "I was paid \$2.55 per hour," he recalls. "I took a five cent raise to leave the

New Hope

lumber company."

In 1977, Donald Roy began servicing the Grant area. He worked as an installer and troubleshooter for more than 20 years. "I met many great people

while working out there," he says. In 1999 Donald Roy was promoted to Outside Plant Manger.

A Look Back

Through the years,
Donald Roy made some
unforgettable memories.
He recalls with a grin of
pride the long days of
pulling cables by hand
down the mountain. He
remembers disastrous
events like the day the
cooperative's brand new
digital switch was struck
by lightening. But one of
his memories still affects
him today.

In 1986, Donald Roy had a very close encounter with lightening. While working under a mobile home during violent weather, he was struck indirectly by lightening that had hit a nearby tree. The electricity traveled down the tree, to the ground, and precisely to where he was lying. "The bolt threw me into the yard," he remembers. "I had no idea what had just happened to me."

He recalls regain-

ing consciousness in the yard with his muscles locked in a fetal position and a small hole in his chest where the bolt of lightening exited his body. "It took me a while to get back into it," he says

of returning to work after the accident. "Especially when we had to climb poles," he laughs.

Thank You's

Since he began his career at NHTC, Donald Roy has met many people that have made a lasting impression on him. "I'd like to thank several people," he says. "Thanks to the present and past NHTC board members for keeping the cooperative up-to-date with technology and providing a pleasant workplace." Donald Roy also expresses his gratitude toward the men who taught him the skills he needed on the job. "Roy Self, Bobby Rogers, Phillip Chandler, Jimmy Maples, and Jimmy Segler helped me so

much," he says. "Tim Wright, Jim Warren, and Donny Martin are also



Donald Roy Paseur plans to make the most of his retirement from NHTC by spending more time with his family. He is shown above with his wife Mirinda.

good friends of mine who helped me along."

"I'd also like to thank the managers I've worked with, such as C.V. Lee, Tom Butler, Bob Gruis, Dewey Doss, Teresa Hunkapiller and Tom Wing," he comments.

What's Next?

Donald Roy is looking forward to his retirement, which will begin October 2. He says he will be spending much more time with his wife Mirinda, sons Andrew and Wesley Paseur, step son Brandon Pritchett and four grandchildren. He is also retiring just in time for hunting season. "I intend to take full advantage of that!" he laughs.







BATTLING BREAST CANCER

"Living in a small town has been a blessing to me all my life, and never has it been so good as in the past two years. The support I have received during my battle with cancer has been unreal. To know that every church in this community has been praying for me is overwhelming. Truly it is a gift from God to be living in this part of His world!"

-- Darlene Price, New Hope

Her story

July 25, 2006. Darlene Price, a lifelong resident of New Hope, will never forget that date. "I found a large lump about the size of a pecan on my breast during a self-examination," she explains. Not two months earlier she had received a clean bill of health after her annual mammogram.

She immediately contacted her doctor, who scheduled a lumpectomy. Her doctor called her shortly thereafter to give her the news. "I was home alone when I got the call. When I heard my doctor's voice on the phone (instead of an office assistant) I knew it was bad," she says. The cancer was Invasive Ductile Carcinoma, a very aggressive form of breast cancer.

"I sat down and cried. Then I picked myself up and got serious about fighting."

Darlene recalls her prayer when she

first received her diagnosis. "I prayed for God to let me keep my sense of humor and my smile. And He did," she says. "He has been so good to me."

August 31, 2006. That's the date Darlene underwent surgery to remove the cancer. "I had a bilateral mastectomy," says Price matter-of-factly. "I took an aggressive approach. That's just my nature."

Doctors explained that if even one cell of the cancer remained it could return. To fight that risk, Darlene had to undergo months of chemotherapy.

"Chemotherapy was the hardest," says Darlene. Her body had an extreme reaction to it. Chemotherapy was so hard on her that doctors had to schedule a hospital stay after each of her treatments. "It affected my joints really bad. I usually couldn't walk after a treatment." Those hospital stays usually lasted from five to seven days. With treatments scheduled every two weeks, that meant she was in

the hospital every other week.

Doctors canceled her last scheduled treatment because Darlene's system was too weak to undergo any more.

"I came home with a walker and oxygen," recalls Darlene. "I had always been very active. I sang in the choir and worked in the church. It was really tough."

Darlene recalls the struggle to regain her strength after coming home. "The first time I was able to clean house on my own was a celebration," she remembers.

Since then Darlene has had to face several other challenges. Doctors found a spot on her lungs, "which turned out to be scar tissue," she says. And nodules found on her thyroid prompted doctors to remove it. They were not cancerous.

The joint pain that started while undergoing chemotherapy never went away. It especially took a toll on her hips. In February 2008, Darlene had hip replacement surgery after her hip collapsed. Two

months later she had surgery to replace the other hip. Doctors can not emphatically say it was the chemotherapy that caused the bone and joint deterioration, but it is the most likely cause. Through it all Darlene's outlook has remained positive. "I've truly been blessed," she says.

Her community

"Prayer is a powerful thing, and this town believes in it," says Darlene. "Every time I walked into a business, someone would tell me they were praying for me." For Darlene, that makes all the difference. "To have a bond like that with the community you live in is amazing," she says.

The community helped out tremendously, too. Many people from her church, First Baptist Church of New Hope, and throughout the community brought meals, helped with cleaning and offered up countless prayers for her.

"You've heard that word travels fast in a small town. Well, in my case that's a good thing," says Darlene. "As soon as people would hear what I was going through, they would pray and tell others to pray.

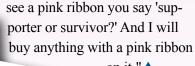
"And every time I walked into a store people I didn't even know would tell me they were praying for me," she adds. "It was just amazing."

Her family

Darlene's family had the daunting task of taking care of her during her battle. Her husband Tommy and daughter Tana were at her side through it all. So were her parents, James and Ann Martin. They spent countless hours by her side in the hospital and helping her at home.

"It was really hard on my family," she says. "A lot of times I think it is harder on the caregiver than it is on the patient."

August 31, 2008. Darlene celebrated two years of cancer free living with her family. "Now, no matter how hard you try, your life is defined by 'before cancer' and 'after cancer," she says. She explains that for most breast cancer survivors it is like that. "It's like a sisterhood. Whenever you





October is National Breast Cancer Awareness month

Early detection of breast cancer saves thousands of lives each year. Follow these guidelines:

- At age 40 women should get a mammogram. If you are at high risk, you should begin earlier.
- Beginning in their 20's, women should have a clinical breast exam performed by a doctor annually. Your doctor will show you the proper way to do a self- examination.
- Continue to get mammograms annually thereafter.
- Perform monthly breast selfexaminations and contact your doctor immediately if you detect anything abnormal.
- Ask your doctor to do a risk assessment for breast cancer.
- Women at high risk should consider an MRI annually in addition to a mammogram. It is more likely to detect cancer than a mammogram, but can still miss some cancers that a mammogram would detect.
- Don't let insurance stand in the way of your health. Contact the Center for Disease Control and Prevention at 888-842-6355 for information about free or low-cost mammograms.

Meg Ingram Memorial Pageant

Miss Model America presented the First Annual Meg Ingram Memorial Pageant at Huntsville High School in late August. Several local girls competed in the pageant. They were:

- Ivie Lemley, winner, Angel Division
- Emily Raney, 2nd alternate, Princess Division
- Ashleigh Marshall, Prettiest Eyes winner, Princess Division
- Laura Marshall, contestant, Princess Division
- Monica Anderton, 4th alternate, Teen Division

All proceeds from the pageant went to the Meg Ingram Memorial Scholarship Fund. The fund was established in memory of Meg Ingram who was a 19-year-old cheerleader at the University of Alabama when diagnosed with a brain tumor. Meg lost her battle on February 1, 2008.



PASTOR'S NOTES

BY LARRY BISHOP, PASTOR
FIRST BAPTIST CHURCH
NEW HOPE

It's watermelon season. I found three large watermelons on the front porch of the FLC building at First Baptist Church. There are a couple of things that I'm not sure of right now, but I will know pretty soon!

First, I don't know who placed the melons on the porch. Second, I don't know if they are ripe.

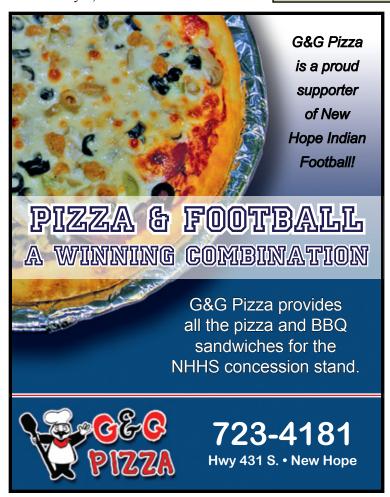
Looking at the melons, they are rather large and have that two-tone green color, but I'm told that you can't tell if they are ripe just by looking. So I ask, how can you tell if the watermelons are ripe?

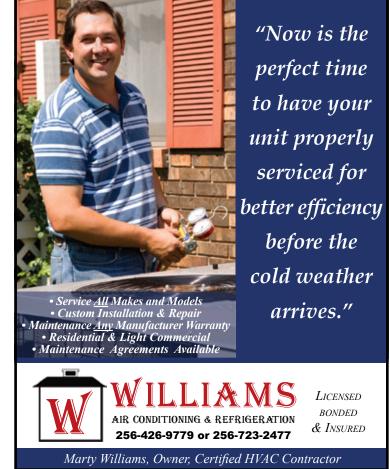
Here are some answers I received. You can tell by the color of the stem. But they don't have stems! Next, someone said, you can thump the melon with your finger and tell by the sound. The third way is the broom straw test. Find a broom straw clean and straight. Lay the straw horizontally on the melon. If the straw turns (by itself) vertical on the melon, then it is ripe. The last way is the sure way. Open the melon. There is where you will discover the sweet ripe center.

Like the watermelons, the Bible contains sweet and priceless words of encouragement. They can be easily missed because of the variety of ways we're told to discover them. Why not discover the treasures awaiting you as you open God's Word for yourself.

"How sweet art thy words unto my taste!" (Psalms 119:103)

See you in church Sunday!





Dedication held for two New Hope buildings



New Hope City Hall was dedicated as the James Nolan Hill Building on August 24. Hill served on the city council from 1980 to 1984 and then served as New Hope's Mayor from 1988 to 1992.

While serving as Mayor, Hill was able to convince council members to purchase the old Butler Brothers building and convert it into a new city hall.

Hill passed away in June of 2000 after a long illness.

The photo at left shows council members Craig Hill (L), son of the late mayor, and David Pritchett unveil a bronze plaque dedicating New Hope City Hall as The James Nolan Hill Building. Linda Hill, wife of the late mayor and son Harrel Hill look on

Representative Butch Taylor was also

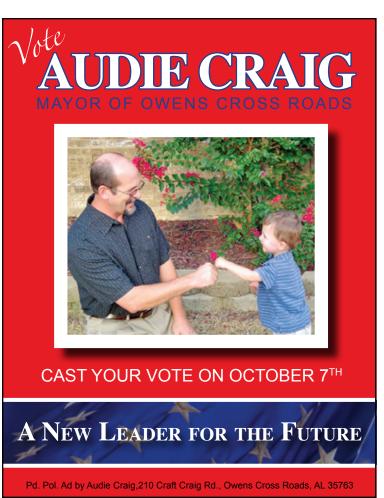
on hand to speak to the crowd gathered at the dedication ceremony. The building which was once the home of his father's Texaco station was dedicated as the Jabbo Taylor Center.

Larry Furlough, owner of Furlough Land Development, recently purchased and renovated the building. A local business, Hair Buzzarr, has leased a portion of the building, and plans

are to use the other side for some type of community outreach service in the future.

E. L. Taylor, Butch's grandfather, was the original proprietor of the Texaco, before handing over the reigns to his son Jabbo. Between the two, they ran the service station for more than fifty years before closing in the late 1980's.

Butch worked for his father weekends and summers as a youngster. He continued working there on occasion after he began his teaching career.





Sun spots can interfere with cable TV reception

The atmospheric disturbance known as "sun spots" often causes interference with satellites, many of which are used to transmit cable channels. The result: your TV cable channels become snowy. Local channels 3, 5, 6, 7 and 9 should remain clear.

This natural phenomenon occurs in the fall of the year and usually lasts for about ten days in early October. Sun spots cause cable channels to be snowy for 10 to 15 minutes each mid afternoon.

Nothing can be done to prevent this brief interference. It is a natural occurrence beyond the control of NHTC — and all of mankind for that matter.

Inspiration Corner

Paul writes, "The law is not made for a righteous man, but for the lawless and disobedient, for the ungodly and for sinners, for unholy and profane, for murderers...", and the list goes on. Attending a program sponsored by Mothers Against Drunk Drivers Victim Services, I was overwhelmed listening to day-in-the-life stories of officers, and how the general public typically has a "Hollywood" interpretation of their life. Officers shoulder too much because, like the Prodigal Son, good folks will be their friend so long as it profits them, thus leaving many officers with few friends to trust. Another unfair burden they shoulder is to do their job and have an offender "who knows someone" expect an offense to be ignored, or have the justice system fail. Scripture reads we are to obey the laws of the land, so

if you get caught breaking a law, please remember officers are people too, and your fault is not their fault.

Laws of the land are not the only laws we need to worry about breaking. We are all guilty of breaking God's laws, but the Good News is we can be excused by "knowing someone". That someone is Jesus. "All have sinned", scripture reads, but Jesus has already paid the price for your conviction, served your sentence, and is now knocking at your door to give you freedom. If you are ready to receive it just ask, but please know, it's important. You can call on a church near you to learn more.



Michael Carpenter, Pastor New Hope United Methodist Church & Oak Bowery United Methodist Church

A Checking Account With Priveleges

New Century Club Account has benefits designed to maximize your convenience, savings and security

- Free checks
- Everyday Rebate Rewards gives you cash back on certain purchases when you save and submit receipts
- Identity Theft Insurance at no cost
- Car rental discounts
- Discount pricing on many prescriptions
- No fee Travelers Checks, Cashier's Checks & Money Orders
- Notary Service
- Photocopy Service
- Plus much, much more!
- \$10,000 Accidental Death & Dismemberment Policy

Stop by or call for more details on this exciting account!



5399 Main St. ■ 728-4213 ■ www.psboc.com







FRIDAY & SATURDAY
OCTOBER 10 - 11



FRIDAY NIGHT WILL FEATURE GOSPEL MUSIC GROUPS





SATURDAY WILL
FEATURE
HORSESHOE
PITCHING
TOURNAMENT,
PARADE, UGLY
WALK, AND
MUSIC BY DAR
CHOIR AND
BUCKSOT BAND

Community Calendar October 2008

October 4

New Hope Rec Football Team at NHHS Freshman NHR vs. Gurley at 9:00 a.m. Sophmore NHR vs. Monrovia at 10:30 a.m. Junior NHR vs. Merdianville at 12:00 noon

October 4

Galilee Baptist Church Annual Fall Festival 4:00 - 8:00 pm - Hot dogs / Chili Supper at 4:00 Come join us for an evening full of fun, games, moon bounce, Hay Ride, Pop corn, Snow cones, Cotton Candy, and it's all FREE (except a 50¢ donation for the Cake Walk). For more information call 723-4819 or 723-2238.

October 11

Class Reunion

New Hope High School's Class of 1998 will have their ten year class reunion at Hampton Cove Golf Course at 7:00 p.m. For more information contact Alisha Humphrey at 256-508-6412.

October 24 & 25

Haunted House and Trunk-or-Treat
New Hope Recreation Center from 6:00 p.m.
to 9:00 p.m. Admission is \$2. Concession stand will
be open.

October 27

OCR Elementary School PTO Meeting, 7 p.m.

October 31

Trunk-or-Treat

Cave Spring Baptist Church will host their annual Trunk or Treat located at the corner of Cave Spring Road & Highway 431.

JUDGEMENT HOUSE

Hosted by Grant First Baptist Church Oct 24th - 26th, 29th, 31st, Nov 1st and 2nd Starts at 6:00 p.m. each night. For more information call 728-2246 or visit www.grantjudgementhouse com

November 1

New Hope Fall Festival and Dance Dinner 4:00 - 6:00 p.m., Bingo 6:00 p.m. Games 5:00 - 8:00 p.m. Dance for 5 & 6th grades 7:00 - 9:00 p.m. Dance for 7 & 8th grades 9:00 - 11:00 p.m.

November 7

Fall Festival

Owens Cross Roads Elementary School will have a Fall Festival with fun games for everyone. Bingo starts at 6:00 p.m.

We need listings...
You need a buyer...
Let's get together and
SELL YOUR HOME!

Dennis Martin REALTY



Call Dennis Martin or Sue Swann today to see how they can help you find the home of your dreams!

723-3184 or toll free **866-723-3184** 10160 Hwy **431** S., Suite **3** • New Hope, AL



EQUAL HOUSING LENDER

MULTIPLE SERVICE LISTING

Sue Swann Realtor® Mobile: 509-7062 sueswann@hotmail.com Dennis Martin Owner/Broker Mobile: 658-1457 dencom@nehp.net

Recipes from OCR Schoolteachers

Grilled Broccoli

(Susan Hand)

Cut 1 bunch of fresh, washed broccoli stalks in half lengthwise (quarter if large)

1 cup olive oil

1/2 cup lemon juice

2 cups parmesan cheese

1 tsp. lemon pepper (optional)

In a zip top bag, marinate broccoli in olive oil and lemon juice for 15-30 minutes. In another zip to bag, toss in parmesan cheese with broccoli. 1 teaspoon of lemon pepper may be added to the cheese before tossing. Grill over medium heat until golden brown, turn once. WATCH IT CLOSELY ON THE GRILL AS IT BURNS EASILY, but it's worth the effort!!

Hidden Valley Salsa Ranch Dip

(Lynn Craig Parker)
1 container (16 oz.) sour cream
1 packet (1 oz.) Hidden Valley Original Ranch Dip Mix
1/2 cup thick and chunky salsa
Chopped tomatoes and diced green
chilies (optional)

Combine sour cream and dip mix. Stir in salsa. Add tomatoes and chilies, if desired. Chill 1 hour. Serve with tortilla chips.

Fruit Cobbler

(Stephanie Thorson)

1 cup self rising flour

1 cup sugar

1 stick of butter

1 cup of milk

1 large can of fruit cocktail in heavy syrup

Melt butter in a 13x9 pan. Mix flour, sugar and milk in a separate bowl. Pour mixture over melted butter. Spoon fruit with syrup over this making sure to spread throughout pan. Bake at 350° for 30-35 minutes until brown and bubbling! The kids love to help stir the flour mixture and spoon the fruit over the top. The fun of fruit cocktail is that there is a "surprise" fruit in every bite!

"Bundles of Joy"

(Wendy Pearson)

4 - 5 cans of whole green beans 1 pkg. of bacon, or turkey bacon 1/4 cup apple cider vinegar 1 cup brown sugar 3/4 to 1 stick of butter

If you use regular bacon you will need to cook it in the microwave. Do not cook the bacon all the way. You want it to be flexible. Gather a small amount of green beans (you can decide how small or big you want the bundles to be). Wrap the green beans in a slice of bacon, using a toothpick to hold the ends of the bacon together. Melt butter then add vinegar and brown sugar. Drizzle mixture over bundles. Bake at 350° for 40 to 45 minutes.

Banana Pudding

(Angie Whitt)

3 cups cold milk

2 small boxes vanilla instant pudding

1 can Eagle brand milk

1-16oz. Cool Whip

4 or 5 bananas

1 box vanilla wafers

In a large bowl, mix first four in-

gredients. In a large serving dish, layer wafers then bananas (sliced thin). Spread layer of Cool whip mixture, then repeat. Refrigerate overnight and serve cold. Keep refrigerated. It tastes even better the second day and kids love it!

Stove Top Easy Chicken Bake

(Danielle Paseur)

1 - 6oz. pkg. Stove Top Stuffing Mix for Chicken

1-1/2 lb. boneless skinless chicken breasts, cut into bite-size pieces 1 can cream of chicken soup 1/3 cup sour cream 1 - 16 oz. pkg. frozen mixed vegetables; thawed, drained

Heat oven to 400°F. Prepare stuffing mix as directed on package. Mix chicken, soup, sour cream and vegetables in 13"x9" baking dish; top with stuffing. Bake 30 minutes or until chicken is cooked through. Enjoy now or cover and refrigerate. To reheat, microwave each serving on HIGH 2 minutes or until heated through.

Butterfinger Cake

(Sherry West)

Chocolate cake mix Caramel sauce Eagle brand milk Coolwhip Butterfingers, crushed

Bake the cake according to directions and let cool. Use a straw to poke holes in cake. Pour caramel and Eagle brand milk into holes. Top with Cool Whip and crumble Butterfingers on top.

Autumn Fallin'



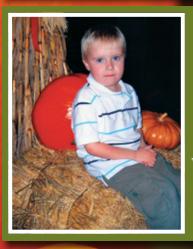
Dalton Black, grandson of Wade & Nelda Grider of New Hope. Photo by Aunt Danielle Boyett.



'Fall Foliage' Photograph taken by Lou Ann Poole.



Savannah & Annie Ogle in the Smokies. Photo taken by mother Tammy Ogle.



"Happy Fall"

Jacob Stapler poses for fall photo for Nana Janice Franks of New Hope.



"Awesome Autumn"

Harlan Worley and Lucy

Photo taken by Kim Worley of New Hope.



The Thomas Family Norm, Thomas and William raking leaves in 2007.



Jackson Stapler in the Smokies. Photo by Nana.



Shawn Lyle playing in the leaves. Picture sent by his mother, Angie Lyle.

"Christmas Memories" is the photo theme for December. Send pictures matching the photo theme to: NHTC • Attn.: Communicator Photos • P.O. Box 452
• New Hope, Alabama 35760. You may prefer to e-mail your photo to communicator@nehp.net. Follow these guidelines for publication: (1) Photos must match theme. (2) **Photos must be high resolution.** The resolution offered by some printers is not high enough for publication. (3) Do not write on the back of photo. Include names of persons in photo, as well as, photographer, address and phone number on paper taped to back. (4) Include a self-addressed stamped envelope if you would like your photo returned. (5) The **Deadline for December is October 20th.**

By submitting your photos: (1) you attest that you are the creator and owner of the photos, (2) you give New Hope Telephone permission to publish your material in The Communicator, (3) you agree to offer said photos without the expectation of payment from New Hope Telephone, and (4) you understand that photos are selected for publication in The Communicator at the sole discretion of New Hope Telephone, and that submission of your photo does not guarantee your photo will appear in the magazine.

GET MORE SPEED WITH DSL

Enjoy quality, high-speed Internet service from NHTC

Sign-up for
DSL MAX
or DSLlite
in October
and NHTC
will waive
the \$25
connection fee!

DSL MAX

only \$49.95 PER MO.

upload speed up to 512k download speed up to 1.5M

A modem is required for DSL service. This can be purchased from NHTC for \$50 or leased-to-own for \$5 a month for 12 months. Modems from NHTC come with a 1 year warranty, excluding lightning strikes. Modems are also available at retail stores.

DSLlite

only \$29.95 PER MO.

upload speed up to 126k download speed up to 256k

A modem is required for DSL service. This can be purchased from NHTC for \$50 or leased-to-own for \$5 a month for 12 months. Modems from NHTC come with a 1 year warranty, excluding lightning strikes. Modems are also available at retail stores.



New Hope Telephone Cooperative P.O. Box 452 New Hope, Alabama 35760

Pre-sort Standard US Postage Paid Metro Mail 36201