A Publication of New Hope Telephone Cooperative



Manager's Comments

The miracle of fiber optics

Over the past couple of years, you have heard your New Hope Telephone Cooperative talk a lot about fiber optics. For a long time, fiber has been an important part of our system, connecting the various pieces of equipment that make your services work. But now we are in the initial stages of taking that concept to the next step — extending fiber to every home on our system.

You read about it in the pages of *The Communicator* when we first began seeking federal loans to pursue the project. And we've kept you updated throughout the process, sharing our excitement with you as the plan progresses.

Now your cooperative is putting fiber in the ground in the first stages of connecting members with true FTTH (fiber to the home) service. The next few years are going to be simply amazing for the members of NHTC.

As I was thinking about this huge project recently, my mind went back to the basics, to the one thing that makes all the progress possible — fiber. When you really stop and think about it, fiber is nothing short of a miracle.

A single fiber strand is thinner than a human hair. And it's made of glass. Pulses of light travel along these thin strands of glass, transmitting "on, off" instructions that the receiving end translates into information.

This information can be a voice conversation, text and images sent from a computer, or even high definition video.

Now if that isn't amazing, I don't know what is.

I ran across some other fascinating facts about fiber recently:

- Fiber is so fast, we could transmit the contents of an entire 24-volume set of encyclopedias across fiber in one second.
- A fiber cable the size of a standard electric cord can carry the same information as a copper cable hundreds of times thicker.
- Taken in bulk, it would take 33 tons of copper to transmit the same amount of information handled by 1/4 pound of optical fiber.

For these and many other reasons, fiber is the future of telecommunications. And your cooperative is on the forefront of providing this 'miracle' of technology to north Alabama.



Tom Wing is General Manager of New Hope Telephone Cooperative

Corrections to the 2008 Telephone Directory

The following listings were inadvertently left out of the NHTC directory. We apologize for any inconvenience this may cause.

Residential
Alan B Butler
723-4264

Business The Rock Café & Catering 723-5656



is a member-owned corporation dedicated to providing communications technology to the residents and businesses of New Hope, Grant and Owens Cross Roads.

Board of Directors

Greg Glover, President Owens Cross Roads Exchange

Jimmy Segler, Vice President Grant Exchange

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New Hope Telephone Cooperative

P.O. Box 452 New Hope, AL 35760 www.nehp.net

For Customer Service: Call 723-4211

For Editorial Advertising:

Call 723-3748

or email communicator@nehp.net

Produced for NHTC by:

WordSouth Public Relations, Inc. www.WordSouth.com

On the cover:

Brothers Chris and Matthew Clayton visit their Alma Mater, New Hope High School. Both are pursuing a career in medicine. Read their story on page 8.

Channel Guide has new cable line-up

Over the past few months, New Hope Telephone Cooperative has been working hard to give cable television viewers more of the channels they want.

To keep up with all these changes NHTC has included a Channel Guide insert in this issue of *The Communicator*. Simply tear along the perforation and keep it by your television or remote control for reference.

The insert contains a numeric listing of all the channels available on NHTC Cable. This includes listings for premium channels like HBO, Cinemax and Stars, and high definition channels. There is even a list of channels available to subscribers with a set top box.

Last month General Manager Tom Wing announced the latest

addition — The Sportsman Channel. Channel 66 is sure to please the hunters and fishermen out there.

BlueHighways TV and ESPN HD have also been added to the cable channel lineup.

BlueHighways TV can be viewed

on Channel 67. Here you will find MHTC Cable delivers.

О

original programs that showcase the real heart of America. Producers travel across the country exploring the people, places, stories, traditions and cultures of America.

ESPN HD has been added to our High Definition channels. Now you can watch your favorite sports broadcast on

> your HDTV with five times better definition and picture quality than your old analog television set.

> Subscribers with a High Definition Television set with QAM tuning can view ESPN HD on Channel 79.1. Remember that in order to view HD channels you must turn off the set top box.

If you aren't already enjoying NHTC Cable, call 723-4211 and sign-up today.▲



Many come out to enjoy NHTC's annual

Customer Appreciation Day



New Hope Telephone Cooperative saw many faces from all across the service area from all walks of life recently at their annual Customer Appreciation Day. The lobby was filled with smiling faces from the NHTC staff and visitors. Members came by for food, fellowship, building tours, and door prizes. This year NHTC gave away a total of \$300 in prizes.

Customer Appreciation Day is a day set aside to recognize the cooperative's biggest asset—the members. It is just a small token of NHTC's gratitude to the community, friends, and families that make up the New Hope Telephone Cooperative.

Door Prize Winners

\$100 — Diane Honea

\$50 — Charlene Clark

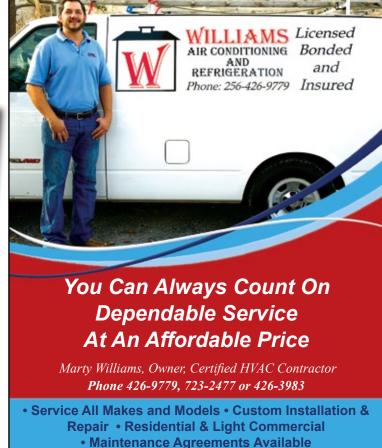
\$50 — Estell Lusk

\$25 — Gayle Howard

\$25 — Rickey Harless

\$25 — Karen Dennis

\$25 — Virginia Mann



NHTC announces newsletter for Internet customers

Your cooperative is constantly seeking ways to improve products and services for members. In February, NHTC did just that by adding a new product to help improve every Internet subscriber's experience. It's a free monthly newsletter that provides valuable tips, tutorials and information to subscribers.

The newsletter will be emailed monthly to members of NHTC Internet service.

Each newsletter contains five different sections. The first is a warning about viruses, hoaxes and phishing scams that could affect subscribers.

There is a section that answers frequently asked Internet-related questions.

Each month readers will find a list of entertaining Web sites to visit for fun as

well as seasonal health and safety sites to check out.

One section of the newsletter informs members of new services available to them and special promotional offers from NHTC.

The final segment offers a step-bystep tutorial on an Internet related task.

"We think everyone will benefit from the free Internet newsletter," says Tom Wing, NHTC General Manager. "The Internet is always changing and so is the technology used to reach the Internet. The newsletter is designed to enhance the experience."

Network Administrator, Rusty Bright agrees, "The newsletter offers sound advice and tips that members can read at their leisure. They can save them and refer back to the tips and tutorials if a problem ever arises."

While NHTC feels everyone will enjoy the brief monthly newsletter, members can choose not to receive them. "You can opt out at any time," explains Bright, "There is a link in each newsletter. All you have to do is click on it to stop receiving the email."

Think About It

"My philosophy in life is that if we make up our mind what we are going to make of our lives, then work hard toward that goal we never lose — somehow we win out."

--Ronald Reagan



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Keeping your information secure

New government mandate affects the way NHTC conducts business

Your privacy has always been a top priority at NHTC. The federal government has made it a top priority for them as well. A new mandate has been established that regulates how telephone companies like NHTC must handle Customer Proprietary Network Information, or CPNI.

These changes were explained in a letter to every NHTC customer earlier this year. We have received many questions from members regarding this issue.

Tammy Weeks, NHTC Office Manager, has compiled a list of the most frequently asked questions and their answers below.

What is CPNI?

CPNI is the abbreviation for Customer Proprietary Network Information. It is any information about your account other than your name, address and phone number. It includes things like your long distance billing record, amount you owe and your payment history.

Why do I have to have a password?

The Federal Communications Commission has mandated the change. Every customer must provide NHTC with a password and a shared secret. They must also include a list of people authorized to discuss their account. Those authorized representatives must have the password as well.

Why isn't the password enough? Why do I have to have a shared secret, too?

If you forget your password, the shared secret acts as a second layer of security. We will ask you the shared secret you selected, and if you provide the correct answer, we will reset your password and discuss your account.

In the letter I received it mentions a responsible party. Who is that?

The letter is addressed to the person we have on record as the responsible party for your account. If you want to give your spouse or another person authority to discuss your account, you may list them as an authorized person. They will still have to know the password.

What if I go by your office to discuss my account?

Customer Service Representatives can discuss your account details with you when you have presented valid photo identification

You know me. Why do I have to show ID?

We realize that in a small town like ours this process seems overly cautious, but we have no choice except to comply with the government ruling. Every telecommunications company in the nation is dealing with the exact same thing.

Why did the government do this?

It was actually established to protect you. Identity theft is a real danger. The new rules keep your private information from being used in a way that could harm you.

If it is such a danger, why are you just now doing something about it?

Protecting your privacy isn't something new for NHTC. It has always been a top priority. The new rules just make it much harder for someone to steal your personal information.

I've misplaced the form you mailed me. What should I do?

Call or stop by our office and we will be glad to give you another form.

If your question wasn't answered here, call NHTC at 723-4211and speak with a Customer Service Representative. They are available to answer your questions and concerns.



Vehicle could be impounded under new law

Everyone knows driving without a driver's license and proof of insurance is illegal, but until recently it was only a minor offense. The city of New Hope has issued a new ordinance to show unlicensed and uninsured drivers that they mean business.

Ordinance No. 328, which council members passed unanimously, gives the police force of New Hope the authority to impound a vehicle if the driver cannot provide a valid driver's license or proof of insurance.

"The purpose of this law is to protect motorists from uninsured and unlicensed drivers," explains Police Chief Hoover. "We have a responsibility to take reasonable action to ensure everyone's safety while traveling the roads of New Hope." Registered owners can reclaim their vehicles when they appear at the New Hope Police Department with a copy of the current vehicle registration, proof of up-to-date automobile insurance and a valid driver's license. They must also be prepared to sign forms showing their acceptance of the vehicle from the police department.

Any fees due must be paid before the vehicle is reclaimed. The fees include a \$100 impoundment fee and a storage fee of \$20 per day.

The city of New Hope will not be responsible for the property that is recovered from another person other than the owner under the new ordinance.

Any vehicle impounded under this ordinance must be claimed within 60

days. If not, it may be sold through a sealed bid auction according to Alabama state law.

The council also adopted Ordinance No. 329 outlining requirements for wrecker services that wish to be used in rotation in New Hope.

The ordinance outlines the licensing, insurance and service requirements. Also included is a list of applicable charges and acceptable fees for services.

Wrecker services accepted will be placed on a weekly rotation. New calendars will be issued monthly.

Any interested party may pick up a copy of the ordinance at New Hope City Hall during regular office hours. A copy is also on display on the bulletin board at New Hope Telephone Cooperative.

If it's important to you, it's important to us.



Lets face it. We all have different dreams and goals. But no matter what your dream is, we can help. Peoples State Bank of Commerce has a lending staff dedicated to helping turn dreams like yours into reality. For over forty years we've served the people of Grant, helping your friends, neighbors and family meet their financial goals. Stop by and let us know how we can help you attain your goals. Whatever the dream, we're here to help.

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Grant, AL OF Commerce

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The Communicator • March 2008

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Is there a doctor in the house?

The Clayton brothers of New Hope fulfill dreams of becoming doctors

Matt and Chris Clayton are two outstanding young men. These medical students are persuing their dreams of becoming doctors — A dream that was born right here in New Hope.

"I don't ever remember wanting to do anything else," says Matt about his career choice.

Matt was a new year's baby, born in 1982. His brother Chris followed 21 months later. They are the sons of proud parents DeWayne and Sherry Clayton.

When people ask them about how their boys are doing, they smile—and for good reason too.

School Days

Matt and Chris attended New Hope High School from Kindergarten through graduation, finishing at the top of their classes in 2000 and 2001.

"I loved all my teachers," says Matt. "They were all good."

One of the benefits of a smaller school is the relationships that form between the educators and the students they've invested so much into.

"It's really an ongoing relationship," says Matt. "They follow you and want to know how you're doing."

Chris agrees, "I still get emails from coaches and teachers when I have a big test coming up telling me that they are thinking about me and praying for me."

These brothers appreciate all the prayers offered on their behalf as they near the end of their education. Matt is finishing his third year at UAH and Chris

is finishing his second year at UAB.

While at New Hope they enjoyed playing football and baseball. They say another benefit of a small school is the chance to participate in several sports and activities.



Brothers Chris (left) and Matt Clayton credit their success to the support of their parents, school and community.

"There isn't that pressure on (student athletes) here at New Hope that there is at larger schools," says Matt. He says some of those athletes have to focus on only playing one sport to be able to make the team each year.

New Hope provided more than just encouragement and sports activities. The

faculty went above and beyond to make sure these "A" students were not left behind when they entered pre-med school at Birmingham Southern.

"They are very good at working with you," says Matt. "Coach Martin took on

an advanced math course that he had never taught before because we needed it as a prerequisite."

Chris felt he was ready for pre-med school after leaving NHHS. "They provided the core and base knowledge that I needed," he says. "I didn't feel like I was behind."

"If you get in there and work hard, you'll do fine anywhere you go," says Matt about entering college. He sees a greater work ethic from students who come from smaller schools like New Hope.

Giving Back

New Salem Baptist Church in Owens Cross Roads has also affected these young medical practitioners. Rev. Richard Anderson has been serving there for over 30 years, calling the church to focus on missions and outreach. Matt and Chris have taken the message to heart.

At Birmingham Southern, Chris was able to go with the Christian Medical Ministry of Alabama on a mission trip to Trinidad for two weeks. "It was just amazing to see the medical healing and spiritual healing take place," he says.

He looks forward to doing more trips like that in the future.

Matt sees an opportunity to serve on a different mission field. For him, each patient provides a chance to help.

"I hope I show mercy and grace to everyone," he explains. "Not by only sharing the gospel, but by things as simple as a kind word. Everyone you see while practicing medicine has a need. Medicine gives us a way to meet that need."

Chris says, "Faith and family — and New Hope with it's sense of community — all have played a part in defining me, my morals and values."

Family Matters

Matt and Chris want to give credit to some people in their lives who mean a great deal to them.



Matt Clayton speaks with Mrs. Carbin's classroom during a recent visit to New Hope School. He encourages students to study hard and pursue their dreams.

Matt says "our parents are the biggest reason for our success. From Mom making sure that we knew our spelling words and studying with us, to Dad learning more about T-ball and baseball to help us become better ball players."

"They were always on top of our grades. They were never shocked or surprised at our report cards. They new about every test we took in high school and beyond," adds Chris.

Their dad graduated from UAH with a business degree. He knew that a college education would afford many opportunities for his sons.

Matt is just starting his own family. He was married on December 29th to Meaghann Smith from New Orleans. "We met my senior year at

Birmingham Southern," says the newlywed with a big grin.

As for Chris, he's not ready to follow his big brother's footsteps down this road just yet.

"No, not me," he smiles. "Not yet."



Hoover bringing new approach to law enforcement in New Hope

In last month's issue of *The Communicator* our readers met Shannon Hoover, the new Chief of Police for the City of New Hope. With a law enforcement career that has taken him from Illinois to Afghanistan, Hoover said he was ready for a new challenge.

"I decided that I needed to use the knowledge and experience I had gained and to be more focused," he said. "I felt ready at this point in my career to take the helm, ready to lead a team in a managerial capacity."

Hoover says his plan is for New Hope "to be a flagship" among small police departments, setting a standard in community service.

School involvement is an important aspect of this plan. Hoover says he wants officers in the school getting to know students. "We want to come into our schools in a support capacity," he said.

He also wants young people to understand the other functions of law enforcement. "There is a flip side," he said, "and there are consequences for your actions."

For example, Hoover said when a student decides to drop out of school, "they limit their choices exponentially." Drop outs, he explained, often find themselves on the wrong side of the law.

"When they go down the wrong path," Hoover said, "we will meet them on a different level."

A greater school presence is one facet of Hoover's plan to increase the overall visibility of the department. "We plan to get out into the community," he said. "We need to be where the people are, so they know who we are.

"The police department has a vested interest in our citizens and the community," he added.

The trafficking of illegal drugs, particularly meth, is a huge problem in north Alabama. Hoover said he has plans to counter drug activity in the New Hope area. "We will aggressively pursue federal charges," he added.

A new reserve police officer program is central to Hoover's plans. After weeks of recruitment and training, he has assembled a volunteer force that will complement the efforts of the paid police officers.

The reserve officers are unpaid volunteers who are "an amazing example of self-sacrifice," Hoover said. "This gives me a pool of officers for special operations like warrant sweeps.

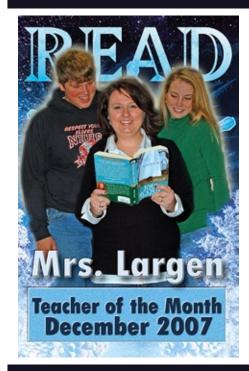
"It empowers us to do a lot of things this department couldn't do in the past," he added.

A professional image is important to an effective police force. Among Hoover's efforts in this direction is a new look for New Hope's police cars. The department's existing cars have received new markings, with modern LED light bars installed. This helps differentiate New Hope's police cars from those of other departments in the region, and the new lights should increase safety for officers and the community alike.

Electronic ticketing is also on the horizon for the department. Using this modern technology, officers can create tickets for speeding or other violations using a computer in their vehicles that is connected to a network. "For a small municipality, this saves a tremendous amount of money," Hoover said.

Hoover has received a warm reception in New Hope. "My driving force is to do the best I can," Hoover said, "because that's what these people deserve."

New Hope High School Teacher of the Month



"There is no place on earth I'd rather work. I absolutely adore the kids that walk these halls," says Amy Largen, NHHS Librarian. Apparently they adore her too. She was voted by students as December's Teacher of the Month.

Largen graduated from New Hope before getting her Masters at JSU. She is married to NHHS baseball coach Brian Largen. They have two children, Carlee, 10 and Caroline, 4.

She has been employed at NHHS for five years. "This is not the same school it was when I started," says Largen. "The community has been instrumental in donating improved technology for our classrooms. And the spirit committee is working to improve student/teacher morale."

Alan Michael Bates and Jordan Craft, two Seniors and library aides are pictured with Largen above.

¶ Inspiration Corner

Theologian Fred Craddock tells of a man approaching him in a north Georgia restaurant to tell him this story: In a Carolina mining town was a preacher who cared about children and oftentimes would stop them on the street to invite them to church. There was one boy who always declined. When asked why, he would say that nobody loved him, his mother didn't have time for him and no one knew whose child he was. The pastor kept trying. One Sunday the pastor looked up to see the boy sitting on the back pew, and at the last amen the boy jumped up and ran out the door. Another Sunday later the boy showed up again, only this time when he jumped up to run out the pastor took off after him. The boy didn't stop, until the pastor called out, "I know whose child you are."

The boy stopped, wheeled around and cried out "Whose?"

"You are a child of God!"

The man said that changed little boy grew up to become a two time governor for the state of Tennessee. Furthermore, the man said, I am that boy.

There is more to the story than space here, but I wonder how many still don't know the Love of the Father in Heaven. His love is here and you should find it in a church near you. March is coming in with the "Lion of Judah" and going out with "the Lamb of God". Come and see Who truly Loves You!



Michael Carpenter, Pastor New Hope United Methodist Church & Oak Bowery United Methodist Church

Pre-K Registration

New Hope Elementary School will hold Pre-K Registration March 10-14. Children must be 4 years of age on or before September 2 to register.

Please bring your child and the following with you:

- Birth Certificate
- Current Blue Immunization Card
- Chickenpox Documentation
- Social Security Card
- Proof of Residency

Limited space is available, so be sure to register early. Even if you are missing one of the necessary items, you can start the registration process. Pre-K classes are for half days either in the morning or afternoon. Child care is available for the remainder of the day.

For more information, call the school at 723-8879.





Closed on Thursdays



Grant's Perfect Place to Play

Children of Grant and surrounding areas will soon have a new place to play. Kidtopia promised to be a truly unique play experience that will enhance the quality of life for children, parents and grandparents, too. The playground committee has raised over \$100,000 and currently needs about \$38,000 to complete the project. The community is urged to come together April 1-5 at the Grant Park to help construct the facility in a style reminiscent of an old-fashioned "barn raising." Everyone's help will be greatly appreciated.

Help is needed to serve food, baby-sit, pound nails, paint and much more! To volunteer call Paula Wrigth at 728-4558. If you would like to make a tax-deductible donation, please call Heather Saint at 683-0017.

A "Kidtopia Celebration" and Grand Opening is planned for April 6th.



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Sign up for a month of UNLIMITED TANNING anytime in March for only \$30!

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723-2899 | MONDAY - FRIDAY 9:00 a.m. – 6:00 p.m. saturday 9:00 a.m. – 4:00 p.m.

Join our team! Booth Rental Available. Call for details.

COMMUNITY CALENDAR MARCH 2008

March

Cell Phones for Soldiers New Hope High School Honor Society is collecting old cell phones, batteries, accessories, chargers, PDAs and pagers. They will be exchanged for prepaid calling cards for soldiers serving our country overseas. Drop your donations at the front desk at NHHS or drop them by NHTC's office.

March 3

New Hope City Council Meeting New Hope City Hall, 7 p.m.

Grant City Council Meeting Grant Town Hall, 6:30 p.m.

March 17

New Hope City Council Meeting New Hope City Hall, 7 p.m.

Grant City Council Meeting Grant Town Hall, 6:30 p.m.

March 20

Owens Cross Roads City Council Meeting Owens Cross Roads Town Hall, 7 p.m.

March 29

New Hope Rec Center Dinner From 11:00 a.m. to 1:30 p.m. Chicken dinners are \$6, Hamburger & Hotdog plates \$3.



PASTOR'S NOTES

BY LARRY BISHOP, PASTOR
FIRST BAPTIST CHURCH
NEW HOPE

After worship service Kathy and I stopped to purchase a few grocery items on our way home. We entered the store selected our items and went through the checkout. A nice young man, with almost a song in his voice, asked "paper or plastic?" He placed the items in the appropriate bags, placed them into a shopping cart and rolled them to our car.

What happened on the way to the car made me stop and really think about my day. It was a beautiful day. The temperature was just right. The sun shining at it's brightest. It was one of those really nice days following several cold days. While we were walking to the car the young man asked me a very simple question. Have you enjoyed the sun today? He had no idea how thought provoking that question was.

Remember we had been in worship service. This question caused me to stop and think did I enjoy the "SON" that day?

The Bible says, I rejoiced with those who said to me, "Let us go to the house of the LORD." (Psalms 122:1) "Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name." (Psalms 100:4) These are words of encouragement to those who attend worship services, but sometimes we don't always remember them.

Could that be the reason so many do not attend worship services? Maybe it is because those who do attend don't really enjoy their day with the SON.

See you in church Sunday!



Pageant Winner

Monica Anderton of New Hope, Alabama was recently awarded the title of "Teen Miss New Hope" for U.S.A. Productions, Inc. – producers of the nationally recognized Dream Girls U.S.A. Pageant Program.

Monica is the daughter of Bill and Christina Anderton. She will enjoy a fun year of making appearances and being involved in her community.

U.S.A. Productions is known for providing real opportunities for real girls who possess personality and talent in the fields of modeling, acting and/or entertainment industries. If you would like to book Monica for a special promotional appearance call the State Director at 334-370-0154.







Loplar Ridge Homemakers Glub

At 10 a.m. on the third Friday of each month the ladies of the Poplar Ridge Homemakers Club meet at a members home. The group dates back over 60 years.

One of the main projects of the group is the upkeep of Poplar Ridge School. This school is the only one room school still standing in Madison County. Plans are underway now for the Sesquicentennial Celebration of the school for the summer of 2008.

If you are interested in learning more about the Poplar Ridge Homemakers Club or if you want more information about the 150th Celebration of Poplar Ridge School, call Priscilla Scott at 725-4397.

Members plan monthly projects and excursions at their meetings. 12 members of the group share recipes with each other regularly. This month they share some of their favorites with *The Communicator*:

Tea Cakes

(Syble Whitaker)

1/2 cup butter
1 cup sugar
1 egg
1 Tbsp. vanilla
1/4 cup sweet milk
2-1/3 cups flour
2 tsp. baking powder
1/4 tsp. salt

Cream butter and sugar. Add egg and vanilla. Combine dry ingredients. Add half to creamed mixture. Add milk. Mix in remainder of dry ingredients. Dough will be stiff. Roll out to pie crust thickness. Cut out tea cakes. Bake on lightly greased cookie sheet for 8 to 10 minutes at 350°, or just until the edges are golden brown.

Quickie Pork Chop Casserole

(Arlene Duncan)

6 pork chops

1 cup orange juice

1-1/2 cups minute rice

1 can Chicken Rice soup

Season and brown pork chops. Mix orange juice and rice. Put in 8" x 11" baking dish. Place pork chops on top of rice mixture. Mix 1 can water with

soup. Pour over pork chops. Cover and bake at 350° for approximately 1 hour.

Pecan Crunch Cookies

(Ollie Mae Perkins)

1 cup butter or margarine1/2 cup sugar1 tsp. vanilla1/2 cup crushed potato chips

1/2 cup chopped pecans
2 cups sifted all-purpose flour

Cream butter, sugar and vanilla. Add potato chips and pecans. Stir in flour. Form into small balls, using 1 tablespoon of dough for each. Place on ungreased cookie sheet. Press balls flat with bottom of glass dipped in sugar. Bake at 350° for 15 to 18 minutes or until lightly brown.

Yellow Squash Casserole

(Evelyn Butler)

2 pounds yellow squash, sliced

1 cup water

2 small onions, minced

2 Tbsp. butter or margarine, melted

1 cup Ritz cracker crumbs

1-1/2 cups shredded cheddar

2 eggs slightly beaten

1/4 cup bacon bits

2 oz. jar pimento, drained 1/4 tsp. salt and pepper

Bring squash to boil in water. Cover, reduce heat and simmer 10 minutes or until tender. Drain and mash. Set aside. Saute onion in butter until tender. Combine all ingredients except 1/4 cup cracker crumbs. Spoon into lightly greased 2 quart casserole. Sprinkle with remaining cracker crumbs. Bake at 350° for 45 minutes.

Fruit Dippers

(Shirley Williams)

1 (1-1/4 lb.) peeled and cored pineapple

1 Red Delicious apple

2 oranges

8 oz. plain or nonfat yogurt

2 Tbsp. honey

1/2 tsp. lime rind

2 tsp. lime juice

- 1. Reserve juice from pineapple. Cut pineapple lengthwise into spear, then in half.
- 2. Core apple. Cut into 16 slices. Toss with pineapple juice.
- 3. Peel and section oranges.
- 4. Stir together yogurt, honey, lime juice and rind. Serve with fruit slices.

March Winds



BREEZY DAY...
Mariah Mayes
posing for a
picture on a
windy day.
Photo by mom,
Becky Mayes.



JUST BEACH-Y. Family photo on the beach. Photo was submitted by Melissa Cooper.



AHH SPRINGTIME
Dalton May, Ivie
Lemley, Austin Smith,
& Lily Dewberry.
Photograph was
sent in by Kim
Lemley.

A WINDY DAY Gracie Weeks smiles for the camera. Her parents are Chris & Tammy Weeks.

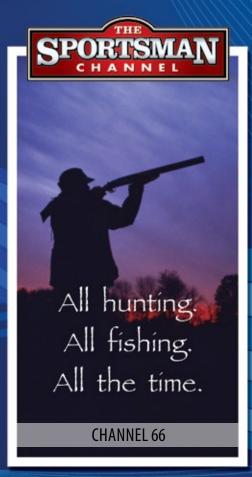


"May Flowers" is the photo theme for May. Send pictures matching the photo theme to: NHTC • Attn: Communicator Photos • P.O. Box 452 • New Hope, Alabama 35760. You may prefer to e-mail your photo to communicator@nehp.net. Follow these guidelines for publication: (1) Photos must match theme. (2) Photos must be high resolution. The resolution offered by some printers is not high enough for publication. (3) Do not write on the back of photo. Include names of persons in photo, as well as, photographer, address and phone number on paper taped to back. (4) Include a self-addressed stamped envelope if you would like your photo returned. (5) Deadline for May is March 20th.

By submitting your photos: (1) you attest that you are the creator and owner of the photos, (2) you give New Hope Telephone permission to publish your material in The Communicator, (3) you agree to offer said photos without the expectation of payment from New Hope Telephone, and (4) you understand that photos are selected for publication in The Communicator at the sole discretion of New Hope Telephone, and that submission of your photo does not guarantee your photo will appear in the magazine.

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