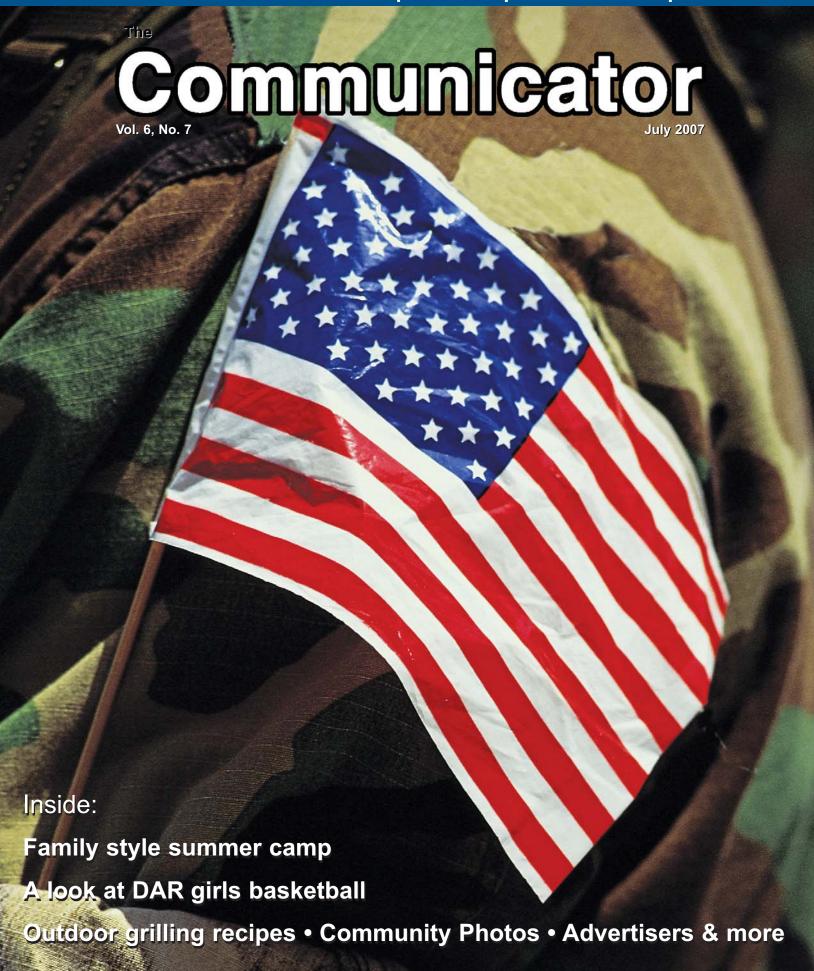
### A Publication of New Hope Telephone Cooperative



### Manager's Comments

# One simple phone call can save us all a lot of money and headache

How much money are you willing to pay for a hole in the ground? The price tag could be substantial if that hole happens to intersect with buried utilities.

Last month you read in the magazine about '811,' the new nationwide number to help people locate underground utilities. It's a free call that could save money, hassle and even lives.

Imagine this scenario. You've decided to build a new deck, put up a mailbox, or install a new fence. Without thinking of what might be underground, you begin to dig and soon cut through a utility line. If it's telephone, or cable, you've disrupted service for yourself and maybe your entire neighborhood. If it's electricity or natural gas, you've endangered your life and possibly the safety of your family and friends.

One phone call can avoid these problems. When you dial 811, your call is routed to Alabama's One Call Center. Operators will ask for the location of your digging project, then route your call to the affected utility companies. A line locator will come to your project site and mark the lines, giving you a clear idea of what areas to avoid with your shovel, trencher, auger or backhoe.

The 811 number is a federally-mandated national "Call Before You Dig" number. It was created to help protect you from unintentionally hitting underground utility lines while working on digging projects. A little bit of planning and three simple digits on the phone dial can avoid serious headaches for you in the future.

I once heard a story of a utility crew in another state who had a reputation for cutting into underground lines. They simply began digging for their next project with no concern for what was buried beneath, and frequently cut into other utilities. One day they cut a phone line, interrupting service to the home of an elderly couple. While phone service was down, the husband had a heart attack. The wife did not drive, and she could not call for help. Her husband died. When her lawyers got through with the case, she basically owned the whole county.

We are developing a system here at New Hope Telephone Cooperative to begin documenting incidents where individuals or contractors cut into underground utilities because they didn't call to have the lines located. We're doing this to protect your cooperative and the interests of its members. After all, it costs NHTC time and money to repair damaged lines, and creates an unnecessary liability issue as well.

This will become an increasingly important issue as we build our buried fiber-to-the-home system. Repairing those cables can be far more expensive than traditional copper.

Who should call 811? Anyone digging a hole, basically. From homeowners doing a weekend project to professional excavators ready to install a septic tank or bury pipe. For everyone's sake,

call before you dig.▲



Tom Wing is General Manager of New Hope Telephone Cooperative



is a member-owned corporation dedicated to providing communications technology to the residents and businesses of New Hope, Grant and Owens Cross Roads.

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Jimmy Segler, Vice President Grant Exchange

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> > Sonny Cantrell Grant Exchange

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# Communicator Vol. 6, No. 7 July 2007

is a monthly magazine published by New Hope Telephone Cooperative, © 2007. It is distributed without charge to all Cooperative members/owners.

#### **New Hope Telephone Cooperative**

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#### For Editorial or Advertising: Call Tammy Pritchett 256-723-8004 or email communicator@nehp.net

Produced for NHTC by:

WordSouth Public Relations, Inc. www.WordSouth.com

On the cover:

Have a safe and happy Independence Day. Take time during your celebrations to remember our soldiers who are in harms way fighting for our freedom.

### Most service takes only a phone call

Sometimes it is necessary to stop by New Hope Telephone Cooperative's office to conduct business regarding your account. This is for security or privacy issues, such as adding a new service. However, there are many services that can be accessed with a simple phone call.

Stop by NHTC's office to:

- Sign up for new phone service
- Sign up for Internet service

- Restrict toll calls of any kind
- Request a non-published number
- Change your long distance carrier
- Make membership joint with spouse

#### Call the office to:

- Add or drop a Custom Calling Feature
- Order an additional phone line
- Disconnect phone service

### Internet tech support available 24/7

Help is just a phone call away, no matter what time of day you need it. Call if you:

- just signed up with NHTC, and need help setting up
- need to configure your new computer to log on to the Internet
- experience general problems logging on to the Internet

### Call 723-8940 for tech support

### Think About It

"Freedom has its life in the hearts, the actions, the spirit of men and so it must be daily earned and refreshed - else like a flower cut from its life-giving roots, it will wither and die."

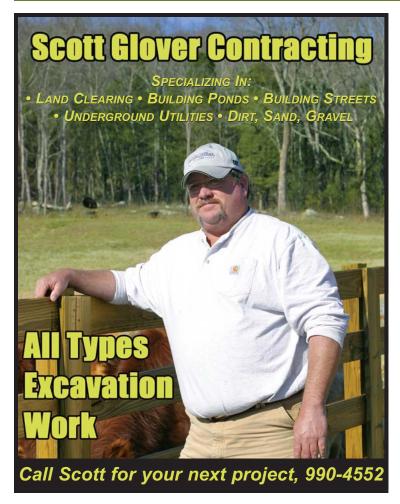
-- Dwight D. Eisenhower

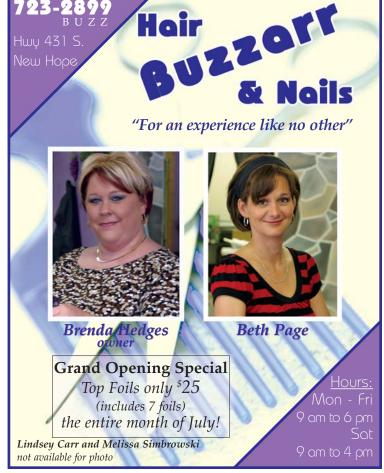
### Can you find it?

Thanks to everyone that participated in last quarter's *Can You Find It?* contest.

Elaine Cross of Owens Cross Roads found the hidden question on page 7 in last month's magazine and knew the correct answer was '811'. She received a \$5 credit on her phone bill.

Look for another chance to play and win this quarter.

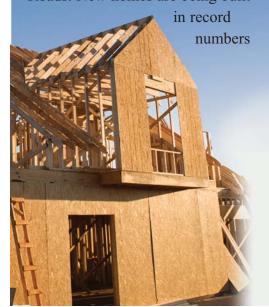




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### Want to save money on construction costs?

Surely you've noticed the boom in construction throughout Grant, New Hope and Owens Cross Roads. New homes are being built



across the entire area. Perhaps, you are one of the many building your dream home this summer.

Well if you are, New Hope Telephone Cooperative would like to remind you of one way to save money.

While you are planning, call our office and ask us about prewiring your new home. Before the sheetrock is hung NHTC can run wiring for telephone, Internet and cable service throughout your home. We will prepare phone jacks for final installation as well. New Hope Telephone makes this service available for a very reasonable cost.

Not only can having your home prewired save you money, but it can save you time and headaches as well.

If a trench is open for other utilities, NHTC can place your phone and cable lines there as well. And if prewiring your home is done early you don't have to worry about ruining the landscaping of your new home.

So make a phone call today that will save you time and money now and hassles later. Let New Hope Telephone Cooperative prewire your new home. You will be glad you did.

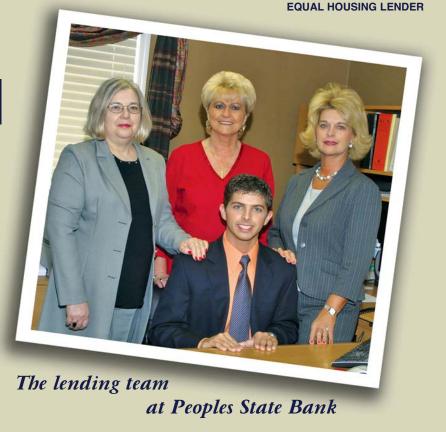
# Peoples State Bank

728-4213 • www.psboc.com 5399 Main St • Grant, AL

### Modern Banking ... Old-fashioned Values

Many things have changed in three decades, but one thing certainly remains true – Peoples State Bank is still dedicated to meeting all your banking needs with the friendliness and outstanding service you've come to expect from your hometown bank. Stop by and visit the friendly staff at Peoples State Bank in Grant.

**MEMBER FDIC** 



Kathy Ferguson, Laura Hairrell, Josh Barnes and Brenda Barnes

### Members put Cantrell, Elders on NHTC Board

At New Hope Telephone Cooperative's Annual Meeting in May, members voted to return a familiar face to the utility's Board of Directors. **Sonny Cantrell** was elected as a representative of the Grant area.

Cantrell was first



appointed to the Board in the mid-1990's to fulfill the unexpired term of a Director who had passed away.

Members subsequently elected him to two additional terms, giving Cantrell some 11 years of service on the Board.

After being off the Board for the past four years, Cantrell is excited to be back. "I think I can contribute," he says. "I've got a lot of feelings for the community, and I'd like to see the co-op grow and be the best it can be."

Cantrell, who does decorative masonry, enjoys spending time with his nine grand-children.

Garland Elders was elected to his first term on the Board at the Annual Meeting. By day, this Owens Cross Roads representative works as a residential property appraiser in the Madison County Tax Assessor's office.

Community involvement is important to Elders. He has volunteered with the OXR Fire Department for some 17 years. For the past 4-and-a-half years he has served as the department's chief.

"New Hope Telephone has come such a long way since it's beginnings in the 1950's," Elders says. "I want to make sure we continue that...that we have available the technology to continue to progress."

Elders' expressed his appreciation to all NHTC voters, especially his grandmother, Modena Spivey, who came out to vote for the very first time to support him.





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# 'Grand Camp' is all about time

No one will ever gather around loved ones and share stories of their favorite nap. And no one can tell about trips they never went on or activities they never did. That's because life, memories, and experiences are all connected by one investment – time.

Clifton and Margaret Mann, of Owens Cross Roads, have made that investment for their seven grandchildren for the past four years. The Mann family "Grand Camp" is an opportunity for grandparents to teach, grandchildren to learn, cousins to play together and for a family to create memories.

Clifton grew up with a large extended family. He remembers all the fun he had spending time with his brother, sister and cousins. He wants to give his family the same opportunity that he had growing up.

"Just giving them a chance to see their cousins, and watching them share with each other," he says with the evidence of a grandfather's love filling his eyes, "that's the greatest joy."

The camp takes place during the same week of Vacation Bible School at their home church, Mayfair Church of Christ. The Mann's have learned that structure and schedules have been valuable resources for planning the four days and four nights. This gives the kids an overview of what to expect and when each activity will take place.

Each year the campers look forward to cooking with Margaret in the kitchen

Chiat-Gil-Ma

Clifton and Margaret Mann's grandchildren pose with some of their artwork. They are Rebecca Mann, 14; Russell Mann, 13; Olivia Mann, 11; Adam Mann, 10; Bailey Clemons, 8; Megan Mann, 8; and Kasey Clemons, 5.

and doing chores with Clifton. Horse back riding, 4-wheeler riding, swimming, fishing and nightly devotionals are always included in the week.

And this year's camp features art instruction from Terra Wilcox of Owens Cross Roads Homemakers Club and a Mary Kay skin care program for the girls by Jayne Galloway. The boys are planning to attend their cousin's summer basketball game, while the girls cook a surprise birthday cake. Then later in the week the campers will pick strawberries and visit a local shut-in.

With all these activities to chose from, what is the best part of the camp?

The kids say...each other.

Russell Mann, 13, says the best part is "being with family and having fun." His cousin, Adam Mann, 10, agrees.

"The best part is just spending time with my cousins," he says. "Our family is a lot closer because of this camp."

Rebecca Mann, 14, enjoys the VBS, learning about the farm, cooking with her grandmother, and "just being together," she says.

As the children get older, the summers get busier. For this family to "just be together" sacrifices have to be made.

The seven grand children live from next door, to Huntsville, to New Market. Seven

schedules must be adjusted. Some of the children miss swim meets and summer basketball practices in order to attend the camp.

Permission from the coaches must be granted. "When I told my coach," says Russell, "he didn't even mind."

Not even illness could prevent the camp this year. Margaret has been diag-

nosed with cancer, and is still receiving treatments. She said she would depend on the older kids a little more this year, but the camp wouldn't be canceled.

"Today there's a lot of selfishness in families," she says. "We have to make time."

She warns that some families may be too busy. "Lessons every hour ends up with meals in the van," she says.

At the Mann's camp, meals are always around the table. This is where the camp's theme is discussed and the week's Bible verse is recited by memory.

This year's theme is on servanthood and the verse from Acts 10:38. Clifton is already seeing a change in attitudes.

"Usually, the kids are shouting, 'me first' and 'let me have that,'" he says. "But already the kids are asking how they can help each other and serve one



another."

Devotionals are scheduled each night lead by Clifton, and the two grandsons. And quiet time is scheduled each day for rest, reading and journaling.

Hi folks, I'm Lucy.

The Mann's say, "business can crowd out life." So they make sure they are organized but not over scheduled.

Margaret says she gets ideas for the

camp each year from the campers. She mails registration forms to each grandchild and asks for feedback from them and what they'd enjoy doing.

Clifton says the most expensive thing is "keeping them full!" he laughs. But he encourages families with a tight budget to try inexpensive meals like spaghetti, pizza and a wiener roast to help keep the cost low.

"You don't have to have seven to have a camp," says Margaret. "It can work with three or less."

Clifton sums up the whole week, "The main thing is spending time at



Make no bones about it, if you need help with a big home improvement project or even a small job, you should give my owners a call. Harlan and Kim Worley, owners of Mr. Fix It, will provide you with quality, professional results time after time. Call them today! • Small Additions • Custom Tile • Install faucets, lights, etc. Mr. Fix It Give us a call, no job is too small 723-2835 · Porches & Decks · Remodels · Plus much more!



# + Excellence = Achievement

What do you think happens when you carry young impressionable minds to regional and state basketball tournaments, year after year? What happens when young ladies taste the fruit of teamwork, dedication, and victory? What do you get when you play schools two and three classes higher than your school? What do you get when you build a basketball program on hard work and tradition? DAR Varsity Girls Basketball — That's what you get.

The 2006-2007 Varsity Girls Basketball team experienced another great year of achievements on and off the court. This group of young ladies finished the season with a winning record and another trip to the Class 3A State Semi-Finals.

The team started the tournament strong. "We swept regionals by 15 and

20 points," says head coach Jimmy Jones. But sickness that had plagued the regular season was catching up with the team. Then a torn ACL put starter Emily Jones (11th grade) out for the rest of tournament play. "But a lot of young players got to see action in some big regional games," says Jones.

This was not an uncommon season. Coach Jones has seen six trips to regional tournaments in his

eight years at DAR. This season was his third trip to the Final Four. How does he do it?

"Good leadership and hard workers," says Jones. "We really had seven starters this year."

Co-MVPs Jessica Cooper (11th grade) and Autumn Largen (10th grade) helped to drive the team back to regional

play. Largen earned Regional MVP, while Cooper finished the season with honors: all-county, all-area MVP, all-regional, and all-state tournament team.

Assistant coach Robbie Rice has followed Cooper's progress. "I've coached Jessica since the seventh grade," he says. "She is a super young lady in all regards. She has really improved over

the past two years."

Cooper has also been chosen to represent DAR at Girls State, a leadership conference that gives students a firsthand look at governmental offices and duties. She also carries a 4.0 GPA and is hoping to receive a college scholarship through her athletics.

Jones does not have to worry



DAR 2006-2007 Lady Patriots Basketball Team (left to right): Head coach Jimmy Jones, Samantha Clark, Emily Jones, Katrina Troup, Autumn Largen, Jessica Cooper, Laura Prickett, Jordan Crowder, Megan Glover, Haley Pence, Assistant coach Robby Rice.

about losing any of his players because of low grades. "We have an A Honor Roll team," he says.

Cooper agrees, "We carry the school in a positive way," she says. "We all get good grades, and we're always there for each other."

And this team has been there for each other. Five of the girls have been playing together since the fourth grade.

Through the years the girls have seen the efforts of their coaches and the sacrifices of their parents. "Basketball, like most sports, can get expensive," says Cooper. "Our parents sacrifice to buy us shoes, send us to camps...and we're grateful."

Cooper also appreciates her former coaches, Merlon Largen and Ben Sibley. "They taught us the fundamentals of the game and prepared us well for varsity basketball," she says.

Other preparation for the season came from the girls' own work ethic.

Three

of the

starters

volun-

teered

to lift

weights with the

football

team

during

work-

summer



outs.

They saw an improvement in quickness and aggressiveness, while also toning muscle and increasing agility.

"Just imagine if all had worked that hard during the off season," says Jones. Coach Jones also prepares the girls for extended season play by playing tough schedules. "We play several schools that are 5A and 6A," he says. "And these girls can hang in there with them."

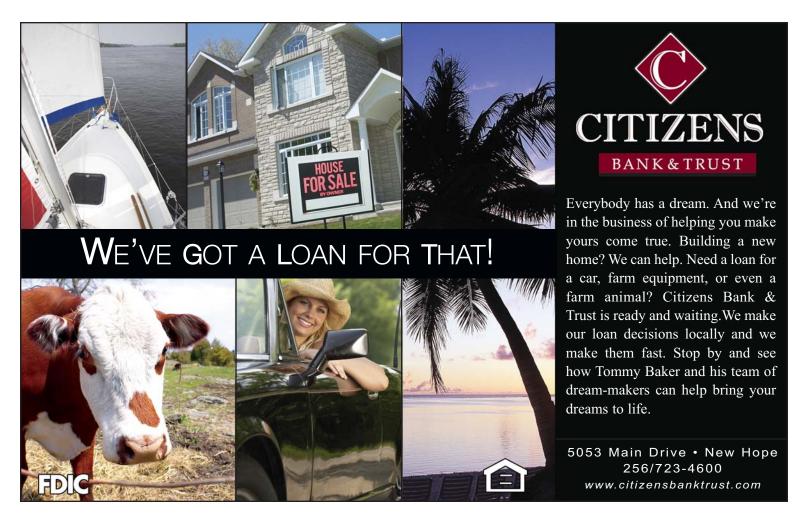
But how do these girls act when they lose? "Our parents and our NAME principal would never allow us to mistreat the competition," says Jessica Rice (10th grade). "It has a lot to do with the way we've been raised."

"Kill them with kindness," says Megan Glover (11th grade).

"We let our actions speak louder than our words," says Cooper.

DAR's next victim will have to do battle with the returning starters and their years of experience in regional tournament play.

"Each year we try to do better," says Cooper. "One day we are going to win state."



# **Butler Triplets turn 50**

It was July 13, 1957, and New Hope was buzzing with excitement. For only the third time in recorded history, Madison County had a set of triplets.

Years before fertility drugs made multiple births commonplace, pharmacist Charles S. and wife Joy Barbara Butler became the proud parents of three boys — to go along with the four-year-old daughter and two-year-old son they already had at home.

They named the triplets Alan, Loren and Glenn. Having three babies the same age brought quite a set of challenges. "They had four in diapers at one time," says Alan, "and that was before disposals!" Feeding time was an event, too, with three bottles to warm and give at once.

Besides their parents, most people could not tell one child from the other in the early years. Even the father had a bit of a challenge discerning the difference, as was proven the night he gave one child a bath twice thinking he had them in rotation.

As the children grew older, they learned to adjust to life as a set of three. "We had to share a bicycle," Alan says, adding that Christmas and birthdays

were especially challenging.

For the most part, the three boys got along well as children. But as with all siblings, there were times when the only thing left to do was to have a good fight.

"Momma would say, 'if you're gonna fight, go outside," Loren laughs. "So we would. We'd bring blood, and she'd come out with a broom handle and break us up."

Having someone who looks like you can be beneficial. In elementary school, Alan got in trouble with a teacher and was told he would get a paddling the next day. He convinced Loren to switch places with him the next morning. "He didn't tell me he was supposed to get a spanking," Loren says. "But the teacher was out that day, so he ended up getting it anyway."

Today Alan and Loren live about one mile apart in New Hope. Glenn moved to Tennessee several years ago with his work. They still talk frequently.

And even though people still confuse them for each other from time to time, Loren sums up life as triplets when he says, "I wouldn't trade it for anything."





#### PASTOR'S NOTES

BY LARRY BISHOP, PASTOR
FIRST BAPTIST CHURCH
NEW HOPE

I enjoy watching Andy Griffith and I think I've seen every episode a dozen times. I was watching the episode where Howard Sprague became a comedian and was invited to a local TV show. Howard wanted to practice his jokes so he asked Opie if he thought his jokes were funny? Opie suggested that Howard personalize the jokes and they would be funnier. Howard followed Opie's advice.

Meanwhile everyone was gathered around the TV in Andy's living room ready to watch Howard's debut. They were all talking and Goober asked Floyd the Barber, why he was so nervous? He wasn't the one on TV. Floyd responded, "I may not be the one on TV but Howard Sprague is and he represents all of Mayberry. He is Mayberry tonight!" Howard was an ambassador for Mayberry.

While visiting in our community the other day I met a new family. They needed services (water and phone) so they went down town to make application. While looking for the offices they stopped someone on the street and asked for directions. It was there that they met an ambassador of New Hope who was very helpful and kind and provided the needed information. They were impressed with our town because someone took the time to be helpful.

The Bible says, "We are therefore Christ's ambassadors, as though God were making his appeal through us" (2 Cor 20). Since we are ambassadors I wonder what people think about Christ and his church family when we are around them?

See you in church next Sunday.

# Homemakers club serves up a special 'Thank You' for teachers at Owens Cross Roads School



Members of the Owens Cross Roads Homemakers Club - Terra Wilcox, LaNelle Patrick, Glenda Patterson, Phyllis Watson, Andrea Bridges and Donna Finley. Not shown in photo are Shirley Bruce and Patsy Brazilton.

Teachers Appreciation Day at OCR School was held May 9. Members of the Owens Cross Roads Homemakers Club host the annual event to honor teachers and school personnel.

Club members prepare a special menu and serve the entire school staff during a luncheon. The club also provides student care for teachers during this time. About fifty people were in attendance for the special day.

"It's our way of saying 'Thank You so much' for all they do," explains members of the OCR Homemakers club. Teachers not only provide children with the fundamentals of educations but instill core values and help them become responsible citizens.



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### COMMUNITY CALENDAR JULY 2007

### July 7th

VBS Kickoff

Owens Cross Roads United Methodist Church invites everyone to attend their VBS Kickoff celebration from 10:00 am until noon.

#### July 9th through 13th

Vacation Bible School

Owens Cross Roads United Methodist Church invites everyone to attend their VBS nightly from 6:30 pm until 8:30 pm.



### Inspiration Corner

Take a deep breath, taste, and listen. To some, July Fourth has a memory all its own. Glowing charcoal, the pop of the fire crackers and the smell of black powder smoke, the Patriotic music, fresh picked blackberries, and a more meaningful beat of the heart makes one proud to be an American. Whether one agrees with the politics or not, I see far fewer people leaving our country than I see coming in. These United States are so blessed even the least fortunate in this country have more accessible to them than hundreds of millions of people have around this world. A free educational system and a desire to work helps one gain an independence from oppression that cannot be matched anywhere. Praise God! The danger, however, is the disease that delivered the fatal blow to all great nations previous. While man calls it progress, God calls it PRIDE and says it and a haughty spirit "precedes destruction and fall". In other words, we can get to big for our britches.

Take a deep breath, taste and listen. Celebrate those who dedicated their lives so you could have these good memories of freedom and Give Thanks to the One who died for the greatest freedom of all. Freedom from the bondage of sin and death is given to you by the nail scarred hands of

the only Soldier who could win that war – Jesus the Christ. To gain that Freedom I invite you to join a celebration in a church near you.



Michael Carpenter, Pastor New Hope United Methodist Church & Oak Bowery United Methodist Church <u>www.nhfaa.nef</u>

New Hope UMC Angel Food Ministry Deadlines for July: Orders must be placed by Sat. July 28 Pick up orders on Sat. August 11, 8:30 to 10:00 a.m.

### SOMETHING TO CROW ABOUT

New Hope High School Class of 1942 celebrated their 65th Class Reunion in May. Five members of the class were present along with spouses, daughters and two members of the class of 1941 and one 1940 class member. Retired teacher, Mrs. Bertie Carpenter was also in attendance. Mrs. Carpenter recently celebrated her 92nd birthday. She is the only living faculty member from the 1942 staff.



Pictured above at the reunion are (left to right) Front Row: Sarah Alice Vann, Evelyn Parsons Butler, Edna Maples, Lucy Whitaker, Frances Smith Taylor and teacher Bertie Mann Carpenter. Second Row: Edgar Gamble(1941), Jane Gamble, Annette Adams Kelly, Mary Frances Barnard Medlin, Virginia Cooper Cooper, Marguerite Hobbs Mann (1940) Back Row: Karen Cooper Johnson, Sandra Maples Disney, Barbara Maples Glenn, Oscar Medlin, Patricia Butler Lawler, Olin Cooper, Debra Cooper, Bertie Mann Thompson, Betty I. Taylor Buford

# NEW HOPE FOOTBALL ALUMNI ASSOCIATION

Want to know how to help support the New Hope Indians football team? Join the New Hope Football Alumni Association, that's how! We are a group of former players, dedicated Indians enthusiasts and businesses in the community.

Visit www.nhfaa.net to learn more about becoming a member, plus:

- view photos of former teams all the way back to 1940
- view the Varsity and Junior Varsity schedules
- find events on the alumni calendar

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# INDEPENDENCE DAY PHOTOS

















BRANDON, FREDRICK & SLOAN LAUE AND ERIN SLOAN

Send your favorite photos matching September's photo theme "School Spirit" to: NHTC • Attn: Tammy Pritchett • P.O. Box 452 • New Hope, Alabama 35760. You may prefer to e-mail your photo to communicator@nehp.net. Follow these guidelines for publication: (1) Photos must match theme. (2) Photos must be high resolution. The resolution offered by some printers is not high enough for publication. (3) Do not write on the back of photo. Include names of persons in photo, as well as, photographer, address and phone number on paper taped to back. (4) Include a self-addressed stamped envelope if you would like your photo returned. (5) Deadline for September is July 20th.

By submitting your photos: (1) you attest that you are the creator and owner of the photos, (2) you give New Hope Telephone permission to publish your material in The Communicator, (3) you agree to offer said photos without the expectation of payment from New Hope Telephone, and (4) you understand that photos are selected for publication in The Communicator at the sole discretion of New Hope Telephone, and that submission of your photo does not quarantee your photo will appear in the magazine.

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# Get your grill on!

Big Daddy Yum Yum talks about competition grilling

"Sometimes I think about something new to try, and I just jump up and fire up the grill, it might even be the middle of the night. But I have to see if it's going to be as good as I thought it would be," says Mike Page, owner and creator of Bootlegg BBQ.

Page has been fired up about competition grilling since he discovered the new hobby less than one year ago.

"I got started because everyone was bragging about how good my food was, so I decided to see if it really was," he says. Page's friends are also responsible for his nickname, Big Daddy Yum Yum.

"I've actually lost weight since I started competing," he says. Page has lost about 100 pounds but he has gained

several trophies and popularity among the top grillers in the South.

"I placed sixth, seventh, and eighth in my very first competition out of about 20 teams," he says. "So already I was in the middle of the pack."

Page was hooked right away. "It was addictive, a real high," he says.

In one competition he tied world champion, Mike Davis, with some ribs he created. "I injected each joint with Crown Royal. It took me over three hours," he remembers.

Other trophies came from his first placed grilled salmon, first placed stuffed peppers, and a brisket he cooked placed sixth out of 150 teams.

"I'm running neck and neck with

some of the best," he says, "and that's a good feeling."

Page started cooking when he was just 13; right after his mother died. "I was the oldest and cooked for my brother and sister," he says. "We raised cattle growing up, so there was always beef around. We'd come in from school and eat a steak for a snack," Page laughs.

"Daddy gave me my first grill when I was just 14. I've been manning the pits ever since," he says.

Page has learned a lot about cooking and grilling since then, especially how to cook for the judges.

"Judges are very particular. They even judge you on what your setup looks like, not just the barbeque," he



says. "I didn't know a lot about presentation in the beginning, but my taste and texture was great."

Page has learned several presentation tips from other competitors. "You meet a lot of great people. Most are like family," he says.

Page's cooking style is his very own. He cooks with a lot of natural ingredients. He uses salt and pepper, makes his own homemade sauce, and uses his favorite dry rub on everything.

Two of his secrets are foil and whiskey. "Foil plays a big part in grilling," he says. "You have to know when to put it on and when to remove it from the grill. And whiskey is also important. There's a lot of whiskey in grilling."

Grilling competitions can be great fun, but also very costly.

"It can cost as much as \$1,000 to

enter a competition by the time you pay entry fees, buy the meat, and pay travel expenses...so, don't do it unless you're serious about it," he says.

And for those who would like to start he says, "be creative. Don't limit yourself to the normal. Try something different."

He also suggests to find what you like and make it work. "I'm not inventing the wheel here, just trying to make it roll better," he says.

The Bootlegg BBQ team consists of two other members, wife Kedia Page and daughter Chassity Page, but Mike is the only one who cooks. The future looks promising for this team. "I'd like to open a restaurant one day, but I want it to have a world champion trophy on the wall," he grins.



This month Mike Page of Bootlegg Barbeque offers some of his favorite barbeque recipes for readers to try and enjoy.

# Try these great recipes!

### Pimpin' Shrimp

Shrimp Chicken Bell peppers

2 Tbsp. black pepper

2 Tbsp. Ole bay seasoning

2 Tbsp. Oregano

I Tbsp. garlic salt

Preheat grill to 350°. Cut up chicken. Devein, peel and butterfly shrimp. Combine spices, shrimp, chicken and onion. Steam in aluminum foil until done. Meanwhile, cut tops off bell peppers; scoop out seeds and rinse. Place peppers upside down on top of meat mixture until peppers are moist. Turn peppers over and stuff with shrimp and chicken mixture. Place uncooked top back on pepper.

### Bootlegg Salmon

Slab of skinless salmon
Bootlegg rub or your choice of seasoning
Lean beer

2 Tbsp. butter 2 Tbsp. ground Oregano 2 oz. Crown Royal

Dry rub salmon. Add beer as you sear on both sides. Place in an aluminum foil boat. Add butter, oregano and Crown Royal. Cook until done. Keep moist. This is great over a bed of rice and steamed veggies.

### Feathered Fajitas

Wild or tame turkey breast
Bell peppers (green, yellow, red)
Fresh tomato
Fresh onion

2 oz. Allegro seasoning marinade, hot & spicy Bootlegg rub or your favorite seasoning 2 oz. Crown Royal

Slice turkey in strips; marinade in rub for 30 minutes. Cook in skillet or grill until done. Slice veggies; add Allegro seasoning and steam until done. Combine turkey and veggies in bowl with Crown Royal. Serve on a hot plate.



### **CONFIDENCE • SECURITY • PEACE OF MIND**





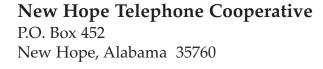
**Personal Response Service & Medication Management** 

### Who could benefit from CAREconnect?

- Seniors who are alone for extended hours each day
- Anyone with a serious medical condition
- Anyone who has trouble walking
- Seniors who live alone



Could you or someone you know benefit from CAREconnect? Stop by NHTC's office like Ethel Dunn (above left) and learn about all the benefits and features. Customer Service Representative Christy Nelson (above right) explains the advantages of the personal response unit and shows how easy the equipment is to use. Call and make an appointment for your demonstration today!



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