

A Publication of New Hope Telephone Cooperative

The
Communicator

Vol. 6, No. 8

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Natural Bridge:
A majestic beauty

Are you ready for an emergency?

Sometimes bad things happen. It's a fact of life. And even though we all hope and pray disaster will never find its way to our door, we nonetheless need to be ready in case hard times come knocking.

Anyone who has worked in the utility business for a few years has seen what emergencies can do to families and businesses. Flood. Fire. Tornado. Even theft. Any unforeseen disaster can leave people stranded, helpless and wondering how in the world they will recover.

The time to start wondering that is today. Ask yourself, "if I came home from work and found that a fire had destroyed my home, what would I do?" There would certainly be a lot of emotional issues to work through, but you would soon have to begin picking up the pieces of your life and moving forward.

Take some time to think it through. Would you be able to piece together your finances? Your bank could easily provide you with copies of your statements, but what about insurance policies, retirement records, deeds and mortgage documentation?

And how about birth certificates, vehicle titles, Social Security cards and legal agreements?

Clothes, furniture and appliances can be replaced. But what about family photos and momentos?

It's easy to see how a disaster could cause you countless hours of tedious work. Now think how much trouble you could save yourself with a little planning. For instance, make copies of your financial records to store at a relative's home and you have a convenient back-up. And speaking of backup, make copies of all your computer files and save them on discs to be stored off site.

Safe deposit boxes are a great place for many items. And with a little time you can scan and save to disc all those precious childhood photos.

If you run a business, some of these same precautions can help you get back up and running much faster after an emergency. In fact, proper planning could be the deciding factor of whether you recover at all.

Next month I'll use this space to discuss NHTC's emergency preparedness plans. Until then, take a look at the information on the following page and consider what steps you can take to prepare your family or business for a disaster. Stay safe!▲



Tom Wing is General Manager of New Hope Telephone Cooperative

Correction: In last month's issue of The Communicator, two words were inadvertently left out of an article. On page 7 the last sentence in the Mann Family Camp article should have read: "Clifton sums up the whole week, "The main thing is spending time at home, together." We apologize for the mistake.

*Our office will be
Closed
Monday, September 3rd
for Labor Day.
Have a safe and happy
holiday!*



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The Communicator

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On the cover:

James Meekins received national recognition for his conservation efforts with this natural phenomenon. Read more on page 7.

Create a disaster plan for your family



NHTC is now accepting sealed bids for the following items:

- **1999 Chevrolet C3500 Bucket Truck** with 1200 watt electric generator; 175,850 miles
 - **Versalift**, manufacture date 6-26-98, 29' platform height, 300 lb. platform capacity and a 12 volt hook up in bucket
- Sealed bids opened on August 31, 2007. Mail to: NHTC, Attn: Equipment Bid, PO Box 452, New Hope, AL 35760. Call Tim Wright at 723-5902 to view equipment.

What do phone books, cereal and cat litter have in common?

You might be surprised by the answer. Every year when new telephone directories are sent to customers the old ones have to go somewhere. Most end up in landfills, which adds tons of waste and is bad for the environment. That's why New Hope Telephone Cooperative encourages each member to recycle old phone books.

Old telephone directories can be dropped off at NHTC's office during regular business hours. Simply place them in the recycling bin in the foyer. We will make sure they are picked-up or delivered to a recycling center.

Once at the recycling center they will be given new life. They can be turned into new telephone books, paperboard boxes like those used for cereal, or—you guessed it—cat litter. They are also used in building materials such as insulation and roofing shingles.

Remember, if you don't have any use for your old directories (keep one in the car for emergencies and one in the spare bedroom for guests) bring it to NHTC and we will keep it from filling up our landfills by recycling.

Thanks for doing your part and pitching in!

Disasters can happen quickly, with no warning, and can leave a family devastated. According to the American Red Cross, we can take action to be prepared for disasters:


- Post emergency telephone numbers by phones (fire, police, ambulance, etc.).
- Teach children how and when to call 911 for help.
- Show each family member how and when to turn off the utilities (water, gas, and electricity) at the main switches.
- Check if you have adequate insurance coverage.
- Get training from the fire department for each family member on how to use the fire extinguisher (ABC type), and show them where it's kept.
- Install smoke detectors on each level of your home, especially near bedrooms.
- Stock emergency supplies and assemble a Disaster Supplies Kit.
- Take a Red Cross first aid and CPR class.
- Determine the best escape routes from your home. Find two ways out of each room.

See www.redcross.org for more preparedness information.

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State law requires you to call before you dig

The call came in on a Thursday morning. New Hope Telephone Cooperative's Lou Ann Poole, Service Order Coordinator, took the call. A 12-inch water main had burst near the Moore's Hill community.

"It was a terrible mess," says Poole. She has seen many breaks, hits, cuts, and service interruptions in her 33 years at NHTC's Service Order Department. "We had to go do an emergency locate for the water department," she says. Calls like this send NHTC trucks rolling with orange spray paint in hand to mark the underground lines that transport voice and data communication to the neighborhood.

Area utilities work hand-in-hand, clearly marking what lies beneath to ensure that the customers' services are not interrupted or endangered. Even in an emergency situation, proper procedure is vital.

Some NHTC service orders come naturally through changes in the weather. Others come from human error. Accidents happen when contractors are in too big of a hurry to call and when

homeowners think they know where all the service lines are buried on their property.

"Unfortunately, too many people call for forgiveness, instead of permission," says Poole. She says incidents have risen over the years because of the increase of utilities and private industries that have buried their lines underground.

"Years ago there were only a few

**“
...it's really about
consideration for your
neighbors.”**

--Lou Ann Poole

utilities underground. Today, there are so many more. Corners, intersections, and rights-of-way are really congested," she explains.

Homeowners are also seeing more and more underground utilities and services in their lots.

"Anything from home security and surveillance to gas and electric could be just below the surface," says Poole. "If some of those lines are hit, it is more than a service interruption. It has become a dangerous situation."

When an excavator who failed to call 811 breaks a communications line, NHTC can charge the person for the repair. "The cost of the repair, materials and man hours can really add up," she says. "But it's really about consideration for your neighbors."

According to Alabama state law, excavators are required to notify Alabama One-Call (by dialing 811) at least 48 hours before beginning their work.

At the job site, each utility uses a different color for safety and visibility.

Red -- electric power lines
Yellow -- gas or petroleum
Orange -- communication
Blue -- potable water
Green -- sewer or drain lines
White -- proposed excavation
Pink -- temporary survey markings▲

ALWAYS CALL BEFORE YOU DIG



New Hope
Telephone Cooperative

**Make the call...
It's the law**



APEX 2007 Award of Excellence

The Communicator receives award for most improved newsletter

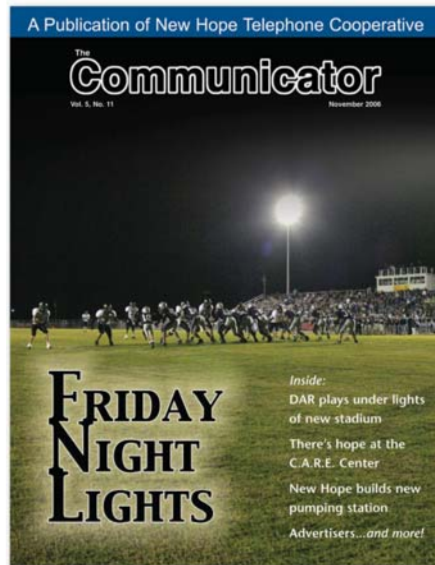
New Hope Telephone Cooperative's member magazine, *The Communicator*, has been honored with another national award. In July, the 2007 APEX Award of Excellence was given to the magazine naming *The Communicator* one of the most improved newsletters.

APEX awards are based on excellence in graphic design, editorial content and the ability to achieve overall communications excellence. APEX Awards of Excellence recognize exceptional entries in 11 major categories and 105 subcategories.

The panel of judges for APEX 2007 consisted of senior editors and writers of "Writing that Works," a monthly busi-

ness communications report.

"We started *The Communicator* in



2001 as a way for the cooperative to share important news with members," says NHTC's Tammy Pritchett, who coordinates production of the magazine.

"We've seen that original focus expand to include community news, feature stories and advertising. Our members have great things to say about the magazine. It's wonderful that we're getting national recognition for our efforts to improve on our original concept for *The Communicator* as well."

The APEX award is the third national honor *The Communicator* has received this year. It follows the TeleChoice Award and the NTCA Best Subscriber Communications Program.▲

Thanks to my owner, Marty Williams, I'm staying cool and comfortable this summer



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DAR Choirboy is no Fool

JD Frazier joins worship band "Rush of Fools"

But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. (1 Corinthians 1:27)

This is the verse that worship band "Rush of Fools" takes their name from.

Since joining the group in February, J.D.

Frazier has taken this verse to heart.

The story that brought this 2002 DAR graduate, and four other young men together was truly orchestrated by God.

23-year-old Frazier's first musical instruction came from his DAR fifth grade choir teacher, Natasha Tidmore.

"She went beyond teaching," says Frazier.

"She did everything she could to make sure you understood what she was teaching."

Music became more than notes and melodies. Frazier found a new obsession in his life.

In the seventh grade he began teaching himself how to play the guitar. His first invitation to play publicly was from a friend at church.

"He needed some help with a guitar part he was working on. So I learned it. Then he asked me to play with him," Frazier remembers. "I think we were still both in the seventh grade."

By the time Frazier began high school he was serious about his guitar playing.

"There were many times when I

would walk into J.D.'s bedroom late at night and he'd be asleep on his bed with the guitar still in his hands," says mom, Beth Carlisle.

At 15, Frazier signed up for a summer church camp that changed his life

forever. It was here that he gave his life to

Christ. Joining a love for music and a love for God together, Frazier felt God was calling him to become a professional musician. He played with several Christian bands in high school, and at church.

"J.D. is this quiet, reserved, calm young person," says Carlisle. "But on stage he is just completely another person."

While playing with a worship band at Auburn University,

Frazier met Rush of Fools founding members, Wes Willis and Kevin Huguley. The friends were involved in different bands and never imagined they would be in a group together one day.

That day came in February. Rush of Fools asked Frazier to become the fifth member of the group playing lead guitar, backup vocals and keys for the group.

Frazier says he is thankful that God is in control of how things turn out. "Just because your from a small town doesn't mean you can't dream big," he says. "Nothing is out of reach."

"I'm jamming with four of the coolest guys I have ever had the chance to meet."



IN TUNE WITH GOD'S CALL—J.D. Frazier on stage with "Rush of Fools."

"Rush of Fools" to perform in Boaz, August 22

Albertville First Baptist Church is bringing "Rush of Fools" to Snead State Bevil Center on August 22nd as the featured group for their Summer Reign August concert. For ticket information call First Baptist Church of Albertville at (256) 878-2291.

"Rush of Fools" turned radio airwaves upside down with their first released single "Undo". The song topped multiple radio charts following its release and set the stage for the group's self titled debut album release "Rush of Fools."

"Undo" hit the iTunes "Top 10 Christian Songs" chart during its first week. And their album earned the #1 Christian album spot on iTunes in June. These chart positions placed the young group among the most successful artists in Christian music history.

"It's unheard of for a band to have a number one song from their first album," says lead guitarist, J.D. Frazier.

Following the huge success of the number one hit single, the group toured cities that included L.A., New York, Seattle, and others.

"We are really excited to be back close to home," he says. "We hope to see all of our family and friends at the

Snead State concert." Everyone is invited to stay after the concert for autograph signing.

"Rush of Fools" is Kevin Huguley (vocals and guitar), Wes Willis (lead vocals), Jacob Chesnut (bass), Jamie Sharp (drums) and J.D. Frazier (lead guitar, backup vocals, and keys).



Preserving a marvel of nature

The Meekins' yard on Cottonville Road is a little different than most. In the center of their front lawn is a rock bridge formed by nature. It's a breathtaking view.

That wasn't the case when James Meekins and his wife bought the property. They have worked diligently to create spectacular views from every angle of their property.

All that hard work paid off. It caught the attention of the Society of the Daughters of the American Revolution. The group presented Meekins with a conservation award. They were also nominated for and won a state DAR award. The state committee submitted Meekins for national recognition. Earlier this year Meekins was presented with a plaque from the national Society of the Daughters of the American Revolution.

"I can't tell you how excited I was," James Meekins says. This national award rec-

ognized the Meekins' for their dedication to the preservation of this country, its soils, minerals, forests, waters and wildlife.

There is still more work to be done. The Meekins' continually work to make improvements that protect and enhance the natural beauty of their property.▲



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New Hope Alumni pledge support for football program at Alma Mater

"There is a bond among teammates on a football field," says Richie Whorton, owner of All-Star Pools in Owens Cross Roads, and founder of the New Hope Football Alumni Association (NHFAA). Football teaches young men many lessons in life. He says a football game is "a struggle, like life. It's a type of war."

Whorton and other former players are making sure that today's warriors are provided with quality training and safety equipment that can only come from a properly funded high school football program.

The NHFAA's sole purpose is to financially support the New Hope Indians football team. "Booster Clubs and Alumni Associations can help fund a program to reach great potential," says Whorton.

Head coach Obie Childers says, "an under-funded football program limits the number of local athletes on the team. You're looking at about \$400 per player. Not including the meals, weight room expenses, and equipment replacement and upgrades."

The NHFAA is making sure these student athletes will be provided with the resources and training needed to help them excel in their talents and abilities.

Whorton remembers his days on the battlefield at his Alma Mater. He smiles as he recounts his memories of the 1975-78 seasons as a receiver and defensive back.

Playing football taught him how to

high school football. And some students would miss an education if it weren't for football.

"For some students, football is the only thing that is keeping them in school," he says. "Athletics can help provide the motivation for some students to get their education."

"Football is a tool," says Childers. "Young men learn about trust—trusting

coaches and trusting each other. Football builds character, and strengthens bonds of brotherhood."

Whorton agrees, "There's this bond that forms between players on a football team. It lasts for a lifetime," he says.

It is this bond that has former players and parents coming



1940 NEW HOPE FOOTBALL TEAM - Back row (left to right): Bannistor Moore; Ted Butler; Gardner Maples; Dave Mann; Eugene Maples. Front row: Fletcher Herrin; Sam Grooms, Jr.; J. C. Taylor; J. D. Maples; Jack Dickey. Not pictured: O. S. Ledbetter.

work with others and be part of a team. His teammates had to depend on him after the starting quarterback was injured. As the backup quarterback, it was up to Whorton to lead the team.

Whorton fears that many student athletes will miss the opportunity of a lifetime if they miss their chance to play

together in fund-raising events, and paying membership dues to the NHFAA.

"I've talked to many former players about the Alumni Association, and they are really excited about it," says Childers. "We hope to increase the interest in our program, to let the community know about our needs, and how they can help."

There are three levels of sponsorship in the NHFAA. Former players are invited to be an Alumni Member. A Booster Membership is offered to non-players. And a Corporate Membership is extended to businesses that wish to support the New Hope Indians.

For more information about the memberships, go to the NHFAA's website at www.nhfaa.net. Thanks to alumnus Mike Hamilton, of Digital Printing Innovations in Owens Cross Roads, the website features photo galleries and team photos from 1940 to present. The site is updated as more and more New Hope Indians fans send in their photos and team group shots.

The site also features a football schedule for the varsity and junior varsity teams, and a calendar of events for the Alumni. And it has a special "members only" section for those who have

paid the price.

The Alumni Association's Season Kick-Off is on Wednesday, August 22, at 6:00 p.m. The pregame meal will be served by alumni as the 2007 Tribe prepares for their jamboree game against Guntersville, Thursday night.

Events like this are bringing past and present players together. "We want to deepen our roots and establish a fan base of support for this football program," says Whorton. "This program is on the way back up. They just need a little help." ▲



HERE'S HOW YOU CAN SIGN-UP TO SUPPORT 'THE TRIBE'

www.nhfaa.net

THERE ARE THREE MEMBERSHIP LEVELS:

ALUMNI MEMBER - This is for former NHHS players. The cost to become an Alumni Member is \$150 per year.

BOOSTER MEMBER - If you are not a past player, but would like to contribute to the New Hope Indians Football program, you can become a Booster Member for \$100 per year.

CORPORATE MEMBER - Businesses interested in supporting the football program can become corporate sponsors. There are many benefits. Visit www.nhfaa.net for more information.

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Beat the heat this summer

Humidity. It is something we have to put up with in the South. It's a trade-off for the beautiful rolling hills, woodlands, lakes and creeks.

Humidity alone increases rust, causes frizzy hair days and can buckle hardwood floors. But when you add heat, humidity can be deadly.

Most of the victims of heat-related deaths are the elderly or those in poor health. But young, healthy persons are susceptible to heat-related illness, especially if exercising or doing strenuous activities during dangerous parts of the day.

High humidity, or large amounts of water vapor in the air, is dangerous during hot days. The humidity prevents a person's sweat from evaporating, which is the body's natural cooling system.

There are several things that can be done to prevent heat-related illness during a heat wave:

- Avoid outdoor activities during the hottest part of the day when shadows are short. If you must work outside, do so in the early morning and late evening.
- Drink plenty of water. Avoid alcohol and caffeine, both of which can dehydrate the body.
- Wear lightweight, light colored clothing when outdoors.
- Eat smaller meals more often. Avoid foods that are high in protein, because they raise your metabolic heat.

It is important to recognize the signs of heat exhaustion and heat stroke:

Heat exhaustion is characterized by cool, moist, pale or flushed skin. You may have a headache, nausea, dizziness



and exhaustion. The body temperature is usually normal.

With **heat stroke** there is usually a rapid, weak pulse and rapid shallow breath, confusion, flushed skin and a very high body temperature. You may or may not sweat.

Seek help immediately if you recognize these symptoms. The American Red Cross offers more information and tips about heat-related illnesses on their website, www.redcross.org. ▲



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Keep our streets clean

join the effort to keep New Hope's roadways free of litter

Here's how you can help:

• **Adopt-a-block**

The New Hope city council has agreed to loan safety vests and pick-up sticks to those willing to adopt a block. There have been over 30 blocks adopted so far by caring citizens in the community. Call Ava Cambron at 723-4695 to adopt your block.

• **Report those who litter**

It's a crime to throw trash on the roads and out of moving vehicles. Record the license plate number and report those you witness littering.

• **Pick-up litter wherever you see it**

Don't leave garbage on the roadways. If you see litter, pick it up! When everyone pitches in we all benefit with a cleaner more beautiful city.

This message brought to you by the New Hope Lions Club and the New Hope City Council

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Fund-raising efforts continue for boy who received bone marrow transplant

How's Ben doing? That's the question that has been on this community's mind ever since 13-year-old Ben Schaaf was diagnosed with leukemia in March.

There is good news.

"Ben is doing great," Ben's mom, Katie Schaaf, says. Earlier in July, Ben received a bone marrow transplant. The donor was an excellent match, a nine out of ten.

Ben's doctors are enthusiastic about his progress. The early signs of the transplant are encouraging.

Katie has been with Ben at St. Jude Children's Research Hospital from the beginning. She says she is "excited, happy,...and tired.

"St. Jude Hospital is a great place. The doctors are wonderful," she adds. "They will sit down with you and make sure you understand exactly what is happening every step of the way."

The Schaaf family is very grateful for all of the help and encouragement they have received from friends, family, neighbors and strangers. "We appreciate everything the community has done," says Katie.

"Ben really enjoys hearing from his friends from school. Letters and emails

are very encouraging and a reminder of home," she says. The emails are possible because of the generous gift of two laptop computers. His email address is benwade93@yahoo.com.

The community also responded to a fundraiser sponsored by Family First Homemakers Club of Madison County. The Owens Cross Roads gymnasium was filled with country and bluegrass groups from throughout the area. The event raised almost \$700 for the Schaaf family.

Upcoming fundraisers and events will be mentioned in the "Community Calendar" section of *The Communicator* magazine as that information becomes available.

There are other ways you can give. Donation containers have been placed in businesses around the community. And the New Hope Elementary School PTO is also accepting donations.

Next for Ben is the long process of boosting his immune system. "Ben reacts to about everything they do and it takes a while for him to recuperate," says Katie. "They will be giving him lots of medicines to boost him and get him healthy enough to go home.

"But that is still months away."▲



FUNDRAISING EFFORTS CONTINUE -

Haley Pritchett's lemonade stand was started in memory of her "Mawmaw Faye" this summer. With help from her coworkers Taylor Pritchett, Sydney Pritchett, and Kara Duckett, these young ladies offer water, soft drinks and other refreshments to the thirsty community. They have committed the proceeds of this summer's sale to helping Ben Schaaf and his family. These young ladies have also created signs of encouragement and support for Ben.

PASTOR'S NOTES



BY LARRY BISHOP, PASTOR
FIRST BAPTIST CHURCH
NEW HOPE

One day a small boy was trying to lift a heavy stone, but he couldn't budge it. His father, passing by, stopped to watch his efforts. Finally, he said to his son: "Are you using all your strength?"

"Yes, I am," the boy cried exasperated.

"No," the father said calmly, "you're not. You haven't asked me to help you."

This reminds me of the biblical story of a young boy who was the smallest in the family of his seven brothers. One day his father needed to get a message to his brothers who were engaged in a war. So the father summoned the young boy and gave him the task of delivering the message.

Prior to this he had spent much of his time in the wilderness watching over a flock of sheep. It was there during his solitude that he learned acts of bravery.

When he reached the battleground he could not believe his eyes. His brothers and their entire army were paralyzed with fear. There was a man standing before them that brought fear and intimidation to all who stood before him.

I'm sure you've guessed by now the story is a snap shot version of David and Goliath. We all have our Goliath's you know, the "if only" list that steal our strength.

Why not ask the Father to help you with your Goliath? Take a few minutes today and read in the gospel of Luke chapter 11 verses 1-13.

See you in church Sunday.

DAR students have strong showing at art exhibitions

Art has so many different mediums and unlimited opportunities for students to express themselves. Amber King, art teacher at DAR School has had several students excel this past year.

The following students have all won recognition for their efforts during the past school year.

2007 DAR Student Art Show winners: Juliet Seedig, Honorable Mention; Mallory Kirkland, 1st Place; Morgan Morrison, 2nd Place; Brittini Starnes, 3rd

Place; Devin Richard, Best of Show 2007 State Visual Arts Award winners were Cody Gray, Ellyn Sibley, Devin Richard, Brittini Starnes and Mallory Kirkland.

Juliet Seedig won 1st place in painting at the 2007 Fourth Congressional District Art Competition and Mallory Kirkland won 1st place during Winterfest 2007.

Congratulations to all the winners.

Shown here is the artwork of Devin Richard, which placed Best of Show at the student art show.



Students participate in writing clinic

Eighteen students from New Hope Elementary participated in a Youth Writing Camp conducted by Assistant Principal Carolyn Creighton. The camp was made possible with the help of Alabama A&M University's National Writing Project.

Students worked on vocabulary and definitions and learned to employ their imaginations to become more confident, creative writers. But it wasn't all hard work. The children had a lot of fun learning to make balloon animals, arrange flowers, groom and care for horses and petting goats and kittens.

"What a great team effort this has been," Creighton said. "I am grateful that the AAMU Writing Project has a strong vision for writing and that we can pass it on to the kids."

The children planted a tree near the HEALS clinic to celebrate the occasion.



Students gathered at New Hope Elementary School's library for a week this summer as part of a Youth Writing Camp. Carolyn Creighton directed the program, which taught children writing skills and helped them develop confidence.



Inspiration Corner

The Far Side cartoon creator, Gary Larson, has a bizarre sense of humor. With your "mind's eye," look with me at one of his scenes of hell where five men are standing in a sea of flames. Two men carrying picks are down trodden, slumped shoulder, and beaten down by their plight. Two other men, representing the devil and a demon, looks at a third man pushing a wheel barrow full of coal and whistling a tune. The devil looks to the demon and says, "You know, we're just not reaching that guy."

Is that not life on earth too!? So how does one suffering the same situation as someone else go about life whistling a tune? By having something in their heart that others don't have – the Love of a Sacrificial Savior. Ephesians 6 tells us to "put on the full armor of God so that you can stand against the wiles of the devil." James 4 says, "submit to God, resist the devil, and he will FLEE from you." This does not mean you will not feel the heat of the flames, but it does mean you are safe from the burning. God has not only prepared a place for all believers once they leave this earth, He has prepared a peace on this earth that "passes all understanding," and it's found only in Christ. If you want to know more about living a truly peaceful life in a troubled world, please look for a Christ-centered church near you.



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New Hope UMC Angel Food Ministry Deadlines for August:
Orders must be placed by Sat. September 1
Pick up orders on Sat. September 15, 8:30 to 10:00 a.m.



From the kitchen of Terra Wilcox

In a world of fast food, frozen entrees and microwave ovens it's hard to imagine what cooking was like 100 years ago. But not for Terra Wilcox. She is reminded each time she reads her Pennsylvania Dutch Cookery book. The book, printed in 1914, was a gift from her brother.

Those recipes reminded Wilcox of her childhood growing up in Pennsylvania. She recalled preparing meals with her mother and grandmother. "Most meals were meat and potato dishes,"

recalls Wilcox. "There were also lots of one-dish meals." She explained that in her grandmother's time they had to use vegetables that would not spoil. "We've come a long way since then. It's easier than ever to prepare healthy meals."

Wilcox and her husband George have made OCR their home for the last 15 years. She has been a member of Owens Cross Roads Homemakers Club for the past eight years. This month she shares some of the recipes found in the old cookbook.▲

Lemon Sponge Pie

8 inch pie shell
2 Tbsp butter
1 cup sugar
2 Tbsp flour
3 egg yolks, slightly beaten
rind of 1 lemon
1 cup milk
5 Tbsp lemon juice
3 egg whites, stiffly beaten

Blend butter with sugar and flour. Add egg yolks, lemon juice and rind, and milk. Fold in egg whites. Pour into shell. Bake at 450° for 10 minutes, then reduce to 350° and bake for 30 minutes.

Montgomery Pie

2 - 8 inch pie shells, unbaked
1 cup brown sugar
1/4 cup butter, melted
2 eggs, beaten
1/2 cup milk
1-1/3 cups sifted all purpose flour
1 tsp baking powder
1/4 tsp salt
1 lemon, juiced and grated rind

Mix above ingredients and pour into pie shells.

1/4 cup molasses
1/2 cup sugar
2/3 cup water

Mix above ingredients and pour over top of mixture in pie shells. Bake at 350° for 45 minutes.

Dough Ball Soup

2 qt. well seasoned beef broth
2 cups cooked beef, finely chopped
1 large onion, chopped
1 cup flour
1/2 tsp salt
2 Tbsp butter
1/2 cup milk (about)

Simmer onion and beef in broth for 15 minutes. Sift flour and salt together; cut in butter. Add eggs and only enough milk to drop dough from spoon. Drop by spoonfuls into low boiling broth. Cook 10 minutes.

Baking Powder Dumplings

2 cups flour
3 tsp baking powder
1 tsp salt
2 Tbsp butter, melted
1 egg, slightly beaten
2/3 to 3/4 cup milk

Sift flour and milk together; blend in egg, butter and enough milk to make a moist stiff batter. Drop by spoonfuls into boiling broth of your choice. Boil for 10 minutes.

Corn Fritters

2 cups fresh or canned corn
3 eggs, separated
2 Tbsp flour
1/2 tsp salt
2 tsp sugar
1/4 tsp pepper
1/2 cup vegetable oil (original recipe calls for lard)

Add corn to well beaten egg yolks. Stir in flour and seasonings. Fold in stiffly beaten egg whites. Heat oil very hot in skillet. Drop in corn mixture by spoonfuls. Turn to brown on both sides.

Do you know someone you'd like to see featured as Cook of the Month? Send us their name, phone number and 4 to 6 kitchen-tested recipes. All cooks featured will receive an apron from NHTC.

Send submissions to: The Communicator, Cook of the Month, PO Box 452, New Hope, AL 35760.

FAVORITE

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PHOTOS



Leslie, Dusty and Kaytee Yarbrough



Amanda Doran and her PawPaw riding to Karts in the Smokies.



Cousins Dylan, Emma, Garrett and Maggie on vacation in Fort Walton Beach, Florida.



Chris, Stacy and Bret Perry. Photo sent in by Charlene Clark.



Anthony, Windy and Blake Pence on Blake's first trip to the beach.



Ryan & Rebecca

Mason Meadows, son of Jimmy & Donna Meadows, playing at Honeycomb.



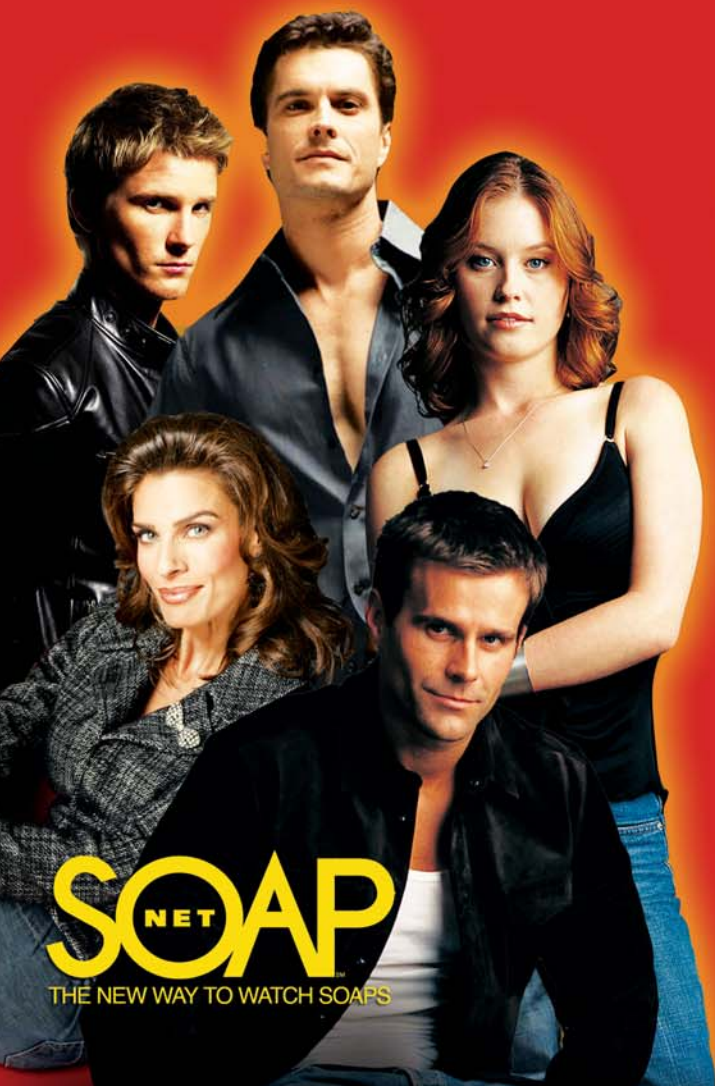
Send your favorite photos matching September's photo theme "School Spirit" to: NHTC • Attn: Tammy Pritchett • P.O. Box 452 • New Hope, Alabama 35760. You may prefer to e-mail your photo to communicator@nehp.net. Follow these guidelines for publication: (1) Photos must match theme. (2) **Photos must be high resolution. The resolution offered by some printers is not high enough for publication.** (3) Do not write on the back of photo. Include names of persons in photo, as well as, photographer, address and phone number on paper taped to back. (4) Include a self-addressed stamped envelope if you would like your photo returned. (5) **Deadline for September is August 20th.**

By submitting your photos: (1) you attest that you are the creator and owner of the photos, (2) you give New Hope Telephone permission to publish your material in The Communicator, (3) you agree to offer said photos without the expectation of payment from New Hope Telephone, and (4) you understand that photos are selected for publication in The Communicator at the sole discretion of New Hope Telephone, and that submission of your photo does not guarantee your photo will appear in the magazine.

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